#### Feedback Through Coaching Alice Fornari, EdD, RD Director of Faculty Development, NS-LIJ Health System Assistant Dean, Medical Education, Hofstra NS-LIJ SOM afornari@nshs.edu





### Reflection

- Describe a "receiving" moment of feedback
- Write for 5 minutes
- Share for 5 minutes
- Salient memories

# Session Objectives

Faculty Coaches will be able to:

- identify their role
- identify steps of our assessment model
- understand collaborative feedback
- use SOM checklists to identify behaviors

#### Agenda

- 7am: Gather in Room XX (Breakfast already ordered)
- 7:10/7:15 am: Alice begin group discussion on coaching/feedback tips
- 7:45 am: Break up into 4 rooms
- --Core (Judy)
- --Linda P (Linda)
- --Charles W (Gigi)
- --Laura S (Joe)
- 8:40 am: Katie will give everyone 5 min warning
- 8:45 am: End and tour facilities/practice on tablets
- 9:30 am: Official end time

# Our Educational Frame: 3 Function Model (Steven Cole)



\*Assessing patient's Problems Managing Patient's problems Integration

\*Focus of our early formative assessments

#### Our Model

#### **Reflection Integration & Assessment**



# Our Mødel Assessment Drives Learning

Practice

Assessment Data

Coaching/Encourage

Self-Assessment/Reflection

Feedback

# Our Goal

#### Ability/Skill

#### Confidence

The Medical Education Picture: Practice and Formative Assessment

• Core Skills (the doing)

- Communication
- Physical Diagnosis
- Attitudes/Values
  - Professionalism
- Behavior
  - Direct Observation
  - Checklist

# Faculty Coach

- Direct Observation with checklist
- "Diagnoses" learner needs
- Allows student to self-assess
- Provides feedback
- Encourages learner reflection
- Coaches: provides direction for future practice (encourages)

#### What is feedback?

• **Feedback** is the information you provide to learners about their clinical performance that is intended to guide their future clinical performance.



## Types of Feedback

• **Positive:** statements describing appropriate behaviors

• Negative: statements describing inappropriate behaviors

• **Collaborative:** faculty solicits feedback from the learner to "level the playing field" and establish bi-directional communication

# Effective Feedback

FED

- Feedback
- Encouragement (COACHING)

#### • Direction

Bell, Hershey, Encouragement: Giving "Heart to Our Learners in a Competency-based Education Model the Heart, *Family Medicine*, 2007, 39:1

- Review your goals and expectations of the student as indicated on the checklist
- Give interim feedback. (F)
- Ask the student to evaluate his/her performance prior to giving your own feedback. (self-assess/reflect)
- Focus feedback on the student's behavior, rather than on the student's personality. (F)
- Give specific examples to illustrate your observations.
- Suggest specific strategies by which the student might improve his/her performance. (D)

Ende, J. (1983) Feedback in clinical medical education, Journal of the American Medical Association, 250, pp. 777-781

# 4 Components of Feedback

- Level 1: Describing what you saw=feedback
  - Description of observed behavior (checklist)

Easier to accept by learner

- Level 2: Allow learner so self-assess/reflect
- Level 3: Your personal reaction=coaching
- Level 4: Your suggestion of behaviors to practice=Direction
- Closure: Always remember the E=encouragement

### **Feedback** Sandwich

#### **Positive Feedback**

**Collaborative Feedbac** 

#### **Direction/Coaching**

### Global Feedback

#### • <u>Minimal</u>

• "good", "ugh!", a shrug or nod

#### • <u>Behavioral</u>

- "that was good because...
- "you can improve by..."
- Interactive/collaborative
  - let the learner react & self-assess their behaviors

after Stanford Faculty Dev Program

### **Feedback** Session

- Private, relaxed atmosphere, timely
- Outline agenda/purpose ie focus on...
- Ask student first LISTEN!
- Share your behavior specific points
- Compare learner and faculty feedback
- Make plans going forward (coaching and direction with encouragement)