

The **six laws of learning** are suitable for most learning situations. Keeping these laws in mind when planning instruction will create a better learning atmosphere for students!

- **Law of Readiness:** Students learn best when they have the necessary background, a good attitude and is ready to learn...clear objectives and rational are key.
- **Law of Exercise:** Those things most repeated are the best learned...lots of review and summary activities serve to help the mind learn.
- **Law of Effect:** Based upon the feelings of the learning; learning is stronger when joined with a pleasing feeling...make it fun and pleasant (start with liking it yourself!!)
- **Law of Primacy:** First impressions are strong impressions...think about how to make the first impression positive (enthusiasm, organization, appropriate feedback).
- **Law of Intensity:** A sharp, clear, or exciting learning experience teaches more than a routine or boring one...demonstrations, skits, role playing, peer teaching get the students engaged.
- **Law of Recency:** Other things being equal, the things learned last will be best remembered...repeat, restate, reemphasize the objectives.

Not all laws of learning are in every situation and it's not necessary to determine which law operates in which situation. The educator who understands the laws of learning can deal intelligently with motivation, participation, and individual differences – the three major factors that affect learning.

Source: Full article at "Train The Trainer Guide" (www.au.af.mi./au/awcgate/edref/traingde.htm#S2)

NOTE FROM Steve: Your turn. Use the list of laws to evaluate your next teaching assignment and see how many you can obey. It's challenging, but it's also worthy of our attention because the consequences of obeying or disobeying the laws affect the future of health care for us all.

Your choices make osteopathic medical care possible! Thank you!!! ssd



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