Medical Education Journal Club
A Live Webinar Event

Topic: Sleep Disturbances and their Impact on Medical Training/Burnout

Speaker: David Marcus, MD
Assistant Professor, Hofstra Northwell School of Medicine

Date: Wednesday, May 17, 2017
Time: 12:00pm – 1:00pm

Target Audience: All clinician-educators

Learning Objectives: Upon completion of this session, participants will:
1. Describe the concepts of circadian de-synchronization and shift lag
2. Review several tools for mitigating the risks of sleep deprivation
3. Compare current scheduling practices with scheduling patterns that can reduce risk shift lag

Register with this link: https://attendee.gotowebinar.com/register/8000914500060296451

Join us from any location with a computer and dial-in by phone for audio.
Journal articles and online access instructions will be sent to registered participants in advance of the event.

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