Administrative Internship
AJ Blood

Acknowledgements: Dr. Lawrence Smith, Dr. Jeremy Boal, Dr. Marc Napp, Dr. Kris Smith, Jeff Kraut, Howard Gold, Dr. Jerry Hirsch, Alan Murray, Patrick Tong

Objectives:
Develop an internship to opportunities for physicians as healthcare leaders and to better understand the intersection of business and medical decision making that takes place in a corporate structured Health Care System.

Resources:
The executive leadership of NS-LIJHS allowed me to observe and participate in various administrative projects.

Department of Strategy & Planning
I utilized Medicare data provided to NS-LIJ Health System to create an analytic tool to determine the quality of Skilled Nursing Facilities in our region. One example of our findings is highlighted below:

These types of analyses are being combined with other metrics to better understand the relationship between the NS-LIJ Health System and its partners in healthcare in order to reduce costs, and improve quality.

Managed Care
I developed a Sharepoint Website for the Managed Care Team as a management tool that streamlined communication and fostered collaboration within the department. This also allowed for the orchestration and implementation of a long-term strategic plan for contract negotiation and workflow.

Business Development
As a way to integrate my experiences, I participated in the development of the United North Shore - LIJ Health System Insurance product, launching Jan. 2013.

Resources and Wellness Programs for 2013

Comments:
-A framework was established for an Administrative Internship within the leadership network of the NS-LIJ Health System.
-The work on my various projects provided an opportunity to learn how to critically analyze quality metrics and incorporate information technology in the planning of health system strategy.
-Through this experience, I have developed a better understanding of healthcare’s complexity, from both operational and planning perspectives. The novel tools created will help NS-LIJ Health System position itself to adapt to an ever-changing healthcare landscape.