# Zucker SOM Step 1 Resources and Support

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<th>Resource</th>
<th>Description</th>
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<tr>
<td>OAS Email Check-ins</td>
<td>A member of the Office of Academic Success will email you as often as you wish to check in.</td>
<td>All year</td>
<td>Office of Academic Success <a href="mailto:somacademicsuccess@hofstra.edu">somacademicsuccess@hofstra.edu</a> 516-463-7460</td>
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<tr>
<td>Private Appointments with the Office of Academic Success</td>
<td>Members of the Office of Academic Success are available by private appointment to discuss practice test results, exam strategy, and any potential issues along the way.</td>
<td>All year</td>
<td>Office of Academic Success <a href="mailto:somacademicsuccess@hofstra.edu">somacademicsuccess@hofstra.edu</a> 516-463-7460 <a href="https://amberchess.youcanbook.me">Or book here</a></td>
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<tr>
<td>Private Appointments with the Office of Student Affairs</td>
<td>Members of the Office of Student Affairs are available by private appointment to discuss.</td>
<td>All year</td>
<td>To schedule an appointment with Jodi, please reach out to Kathleen Conti (<a href="mailto:kathleen.conti@hofstra.edu">kathleen.conti@hofstra.edu</a>). To schedule an appointment with Sue, <a href="https://amberchess.youcanbook.me">please use this link</a>.</td>
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<tr>
<td>Faculty Office Hours</td>
<td>Faculty members will remain available for help within their content area.</td>
<td>All year</td>
<td>Please contact individual faculty.</td>
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<tr>
<td>Counseling Services</td>
<td>We recognize that studying for boards can be one of the more difficult times in medical school. Counseling services are available through the Office of Student Affairs or can be found in every weekly email (towards the bottom).</td>
<td>All year</td>
<td>Office of Student Affairs <a href="mailto:medicine.students@hofstra.edu">medicine.students@hofstra.edu</a></td>
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<tr>
<td>Peer Support</td>
<td>Although it may feel like it, you are not the only student who is studying right now! If you would like to be connected to other students who are studying, please contact the Office of Student Affairs.</td>
<td>All year</td>
<td>Office of Student Affairs <a href="mailto:medicine.students@hofstra.edu">medicine.students@hofstra.edu</a></td>
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</tbody>
</table>
| **Peer tutoring** | OAS has a small pool of Step 1 peer tutors available for students who meet certain criteria. If you feel you can benefit from working with a peer tutor, please contact OAS for more information. | All year | Office of Academic Success  
somacademicsuccess@hofstra.edu  
516-463-7460 |
| **Student to Student Exam Day Guide** | Upperclassmen have put together a student-to-student guide for what to expect the day of the exam. This guide contains some personal experiences and instructions, many of which are specific to the local testing site in Westbury. | Anytime/Digital resource | This resource can be found here.  
Additional testing site resources can be found on the USMLE’s website. |
| **Individualized ISP Schedule Development** | Amber Chess in OAS is available to assist in developing an individuated/day-to-day study plan for ISP. | Feb. 2020-ISP | Amber Chess  
Amber.chess@hofstra.edu |
| **CBSSA Vouchers** | To assist with additional practice exams, each student will receive one additional CBSSA voucher. Vouchers will be emailed to a student’s Pride email account. | During ISP | Office of Student Affairs  
medicine.students@hofstra.edu  
Office of Academic Success  
somacademicsuccess@hofstra.edu  
516-463-7460 |
| **Private Practice Exam Rooms** | The Office of Student Affairs encourages students to request private rooms, reserved for those taking practice exams. | During ISP | Office of Student Affairs  
medicine.students@hofstra.edu |
| **ISP Group Sessions** | The Office of Academic Success will host sessions throughout ISP to review specific topics. | During ISP (These dates will be available on your one45 calendar.) | Office of Academic Success  
somacademicsuccess@hofstra.edu  
516-463-7460 |
| **Small Group Tutoring** | Some faculty are available for content tutoring, preferably in groups of at least 3 students. | During ISP | Information to follow in Spring |
| **CBSSA Group Review Sessions** | Dr. Miller will conduct group CBSSA review sessions for specific practice exams. | During ISP (These dates will be announced in the Spring.) | Office of Academic Success  
somacademicsuccess@hofstra.edu  
516-463-7460 |
| **Drop-in Peer Tutoring** | The Office of Academic Success will host drop-in peer tutoring sessions open to any student studying for Step 1. | Weekly during ISP (These dates will be announced in the Spring.) | Office of Academic Success  
somacademicsuccess@hofstra.edu  
516-463-7460 |