THINGS I WISH I KNEW
PREPPING FOR STEP 1
ADVICE FROM UPPER-CLASS STUDENTS

When to start actively preparing according to class of 2020

<table>
<thead>
<tr>
<th>Time Frame</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer b/t MS1+MS2</td>
<td>20</td>
</tr>
<tr>
<td>During IE</td>
<td>15</td>
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<tr>
<td>Winter Break MS2</td>
<td>20</td>
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<tr>
<td>During HC</td>
<td>20</td>
</tr>
<tr>
<td>ISP</td>
<td>5</td>
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</tbody>
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Most helpful service (ranked in order)
- OAS
- Dr. Miller
- Faculty Office Hours
- Large Group

Best piece of advice (ranked in order)
- Start early with questions
- Use flashcards
- Be flexible/Life balance
- Incorporate FirstAid into PEARLS

Favorite resource (other than FirstAid/Uworld) # of votes
- Pathoma: 44
- Sketchy Micro: 33
- Boards and Beyond: 31
- Anki: 21
- Goljan Audio: 20
- Sketchy Pharm: 19
- Sketchy Path: 12
- NBME Practice Exams: 6
- Osmosis, Lange Pharm Cards, Quizlet, Kaplan Review Books: 5 or less

Interested in more tips? Stop in or make an appointment with the Office of Academic Success! SOMAcademicSuccess@Hofstra.edu