

There is a LEADER among us

Rosanna C. Sabini, DO

Associate Professor, Physical Medicine & Rehabilitation

Ona Bloom, PhD

Associate Professor, Physical Medicine & Rehabilitation

Susan Maltser, DO

Assistant Professor, Physical Medicine & Rehabilitation

Goals of Workshop

1. What is a leader and how do you become one
2. Identifying the barriers and seeking a change in perspective to allow one to lead.
3. Identifying personal qualities and situations to maximize successful leadership.

POST IT Time

Write 2-3 Qualities about YOURSELF that are POSITIVE of a leader

Reflect on your qualities as an individual and what you love about yourself

Write 2-3 Qualities about YOURSELF that are NEGATIVE of a leader

Reflect on your qualities that you think you can/need to work on.

Can Your Weakness Be An Advantage?



DAVID AND GOLIATH

UNDERDOGS, MISFITS, AND
THE ART OF BATTLING GIANTS

MALCOLM
GLADWELL

Discussion

- Elevate the quality of leader – not just the individual qualities
- Not asking women to behave more like men
- Spend more time promoting yourself and your interests
 - Advocate yourself and use your interests to promote yourself

Power of the Pack

Power of the pack

- Allow for circles of support
 - Allows one to support one another
 - Creates a safe space
 - Creates relationships
-
- Simply putting yourself in environments that give you the opportunity to meet with peers and get to know each other and share experiences can be a game changer

Advancing Women in Science & Medicine (AWSM)

- What is AWSM?
 - Composed of female faculty and investigators at the Feinstein Institute for Medical Research



- Mission:
 - *To advance the career opportunities and career satisfaction of female scientists at The Feinstein Institute and to enhance the visibility of the Institute through the scientific productivity and excellence of its female scientists.*

AWSM's core aims

**Career
Development**

**Advocacy &
Education**

AWSM

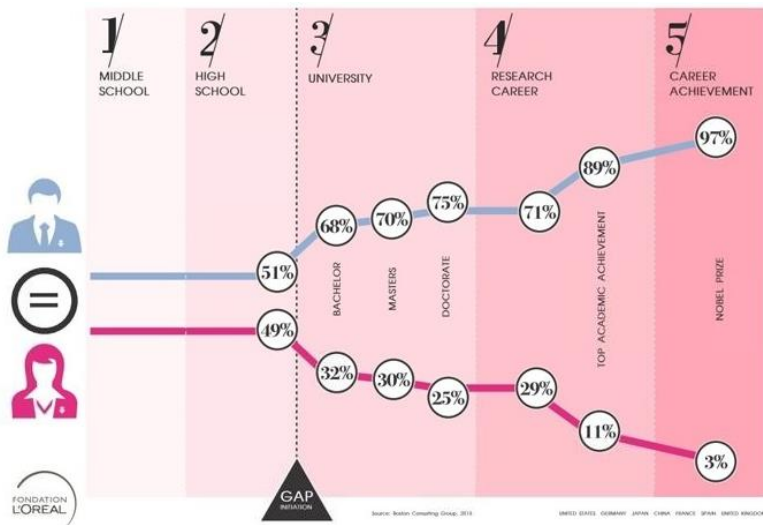
**Advancing Women in
Science and Medicine**

Recognition

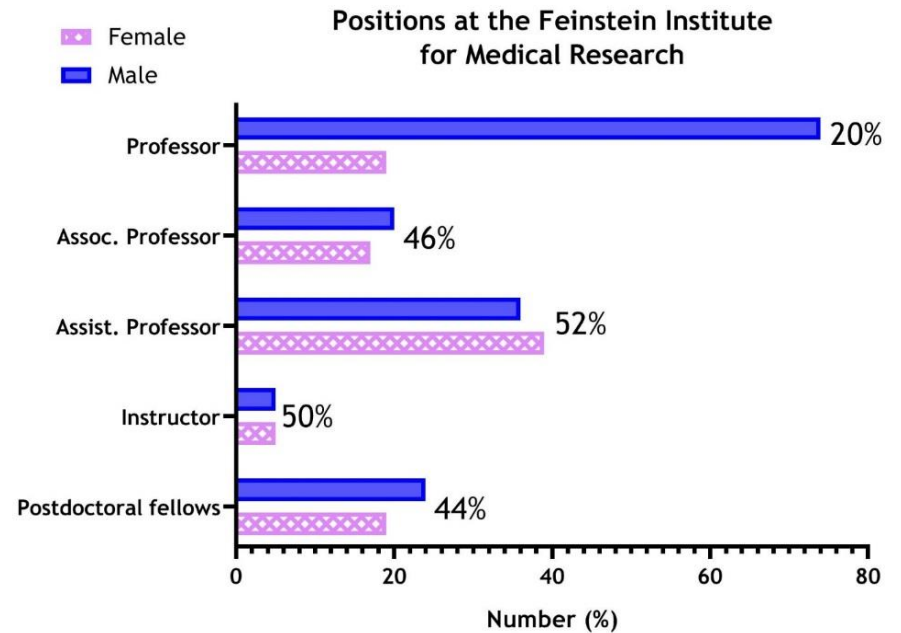
**Networking &
Mentoring**

First representation gap of women in science arises as early as Bachelor level and continues throughout the scientific career

National data



Feinstein



Final Thoughts?

Questions?

Thank you!!

