



DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE AT HOFSTRA/NORTHWELL

## **Ambulatory/Clinical Teaching**

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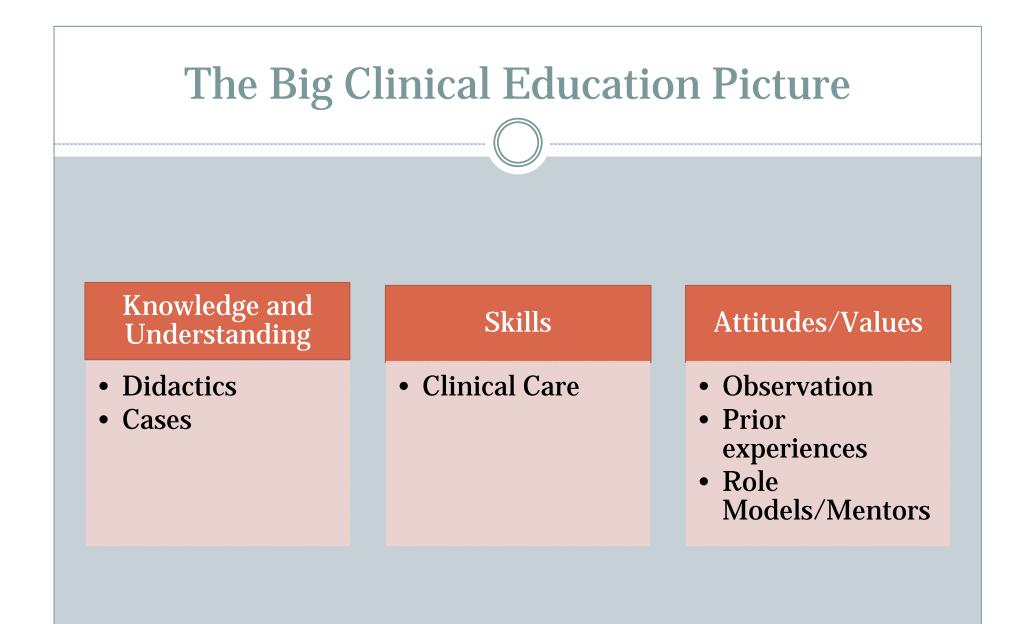
## **Learning Objectives**

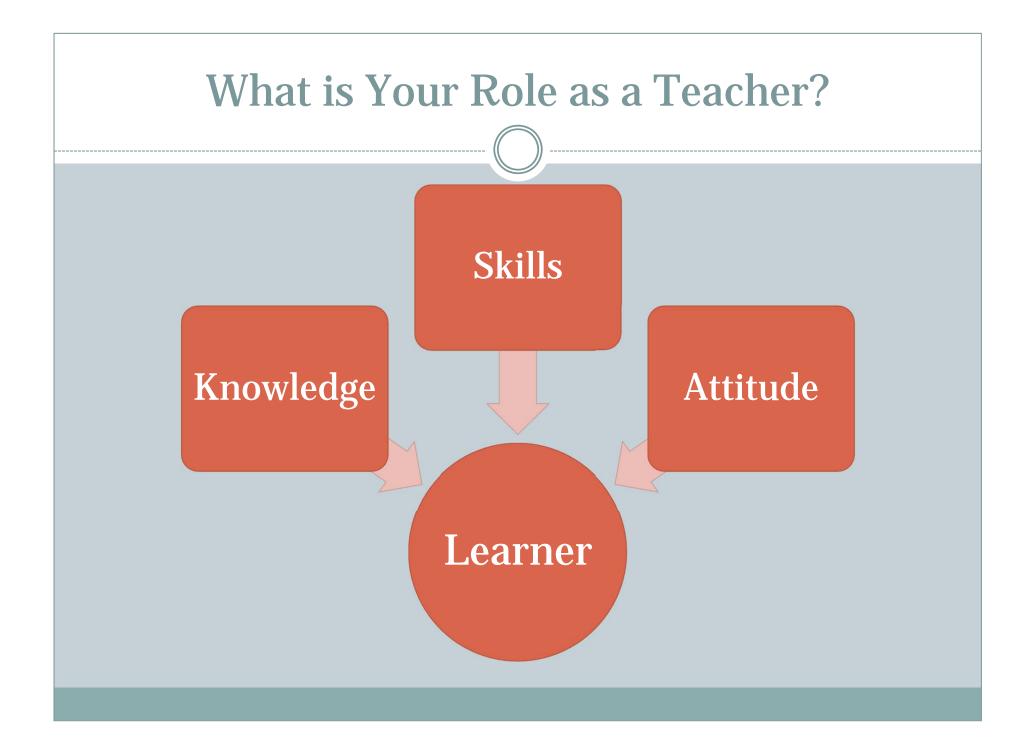
- Review clinical teaching core principles
  - o Learning Environment
  - Teacher Skills-Questioning
- Introduce teaching with limited time skills
  - o One Minute Preceptor
  - o RIME
- Review UTUBE videos, if time permits or post session
- Reinforce Assessment Drives Learning

## Where is Clinical Teaching?

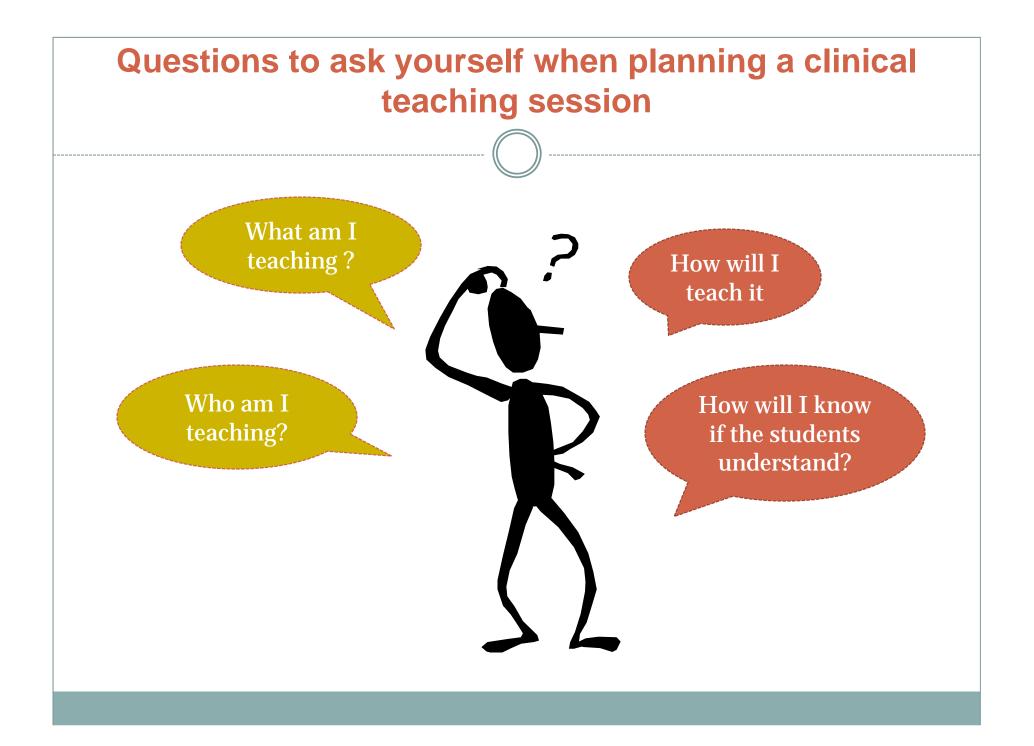
On the wards \*\*\* Clinic \*\*\* Lectures Small group Research Etc....











## **CLINICAL TEACHING**

- What do I need to know to be an effective clinical teacher?
- What role (s) will I need to adopt?
- What attributes do I need to possess?
- What teaching strategies do I need to apply, and in what circumstances?
- How do I know my clinical teaching is effective?

## **Clinical Teacher**

- Diagnoses learner needs
- Observes
- Role models (knowledge, skills and attitudes)
- Demonstrates care
- Debriefs cases
- Provides feedback
- Encourages learner reflection

## **Notable Tensions**

- When to ask and when to tell
- When to model and when to watch
- When to discuss process and when to discuss content
- When to see a patient and when to follow from afar



## Adaptation of Teaching Styles

#### Provider

 Sets objectives and expectations, conveys knowledge, and provides feedback

#### Facilitator

Helps the learner set the objectives and provide self feedback

#### Consultant

• The learner sets the agenda and informs the preceptor how he/she can be of help

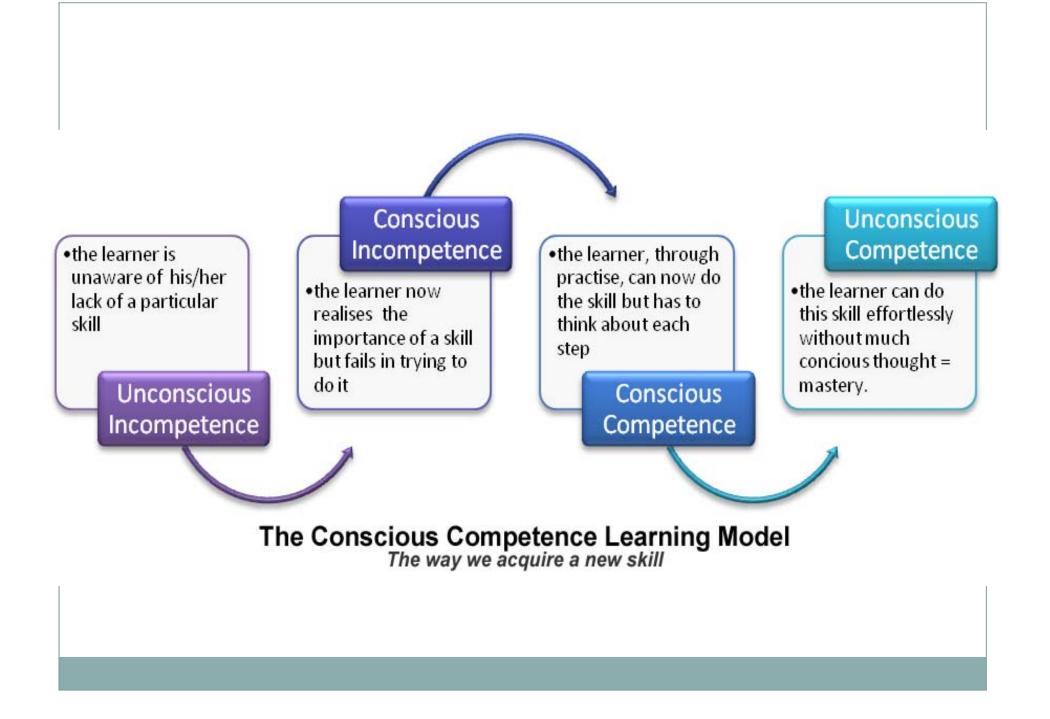
#### For Preceptors: Diagnosis Your Learner How to use cognitive learning theory in clinical teaching?

#### Help students to identify what they already know

• "Activate" prior knowledge through brainstorming and briefing

#### Help students elaborate their knowledge

- Provide a bridge between existing a new information- for example, use of clinical examples, comparisons, analogies
- Debrief the students afterwards
- Promote discussion and reflection
- Provide relevant but variable contexts for the learning



#### The Developmental Stages of Learners (Perry)

#### Dualism

Learners view knowledge as finite and obtainable

#### Multiplicity

• Learners begin to accept there is uncertainty but continue to see things as either right (evidence-based) or wrong (anecdotal)

#### Relativism

• Learners begin to evaluate different opinions and begin to view their opinions as just as valuable as any other opinion.

#### Commitment

• Learners can tolerate the constant tension created by uncertainty and act in the face of uncertainty

#### **Teaching with Limited Time**

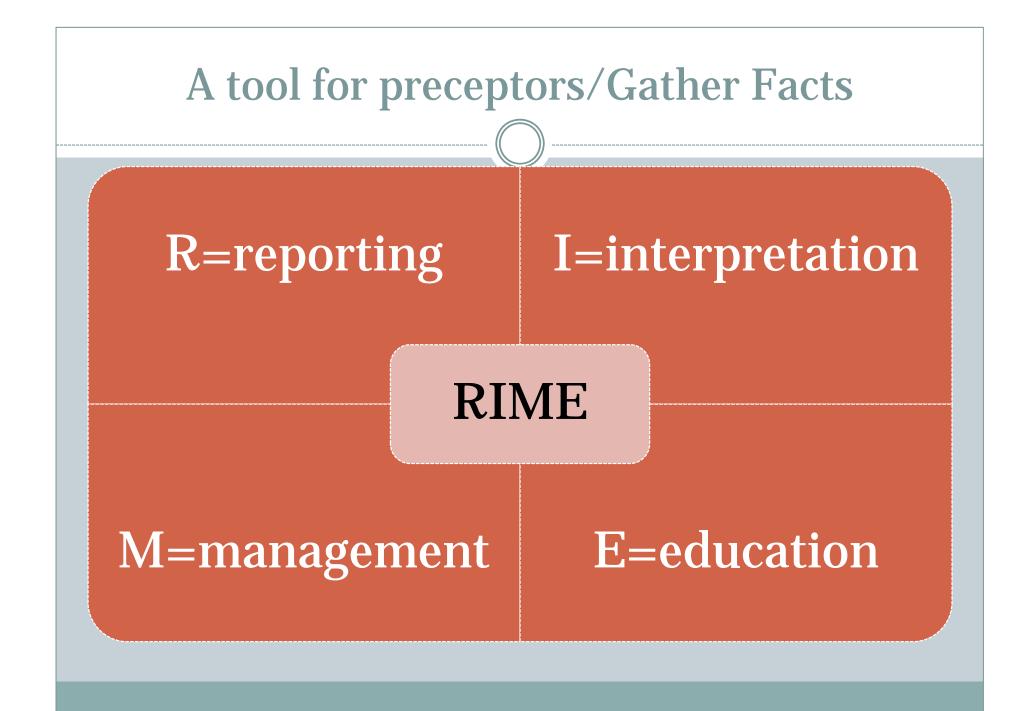
Step 1: Identify the needs of each individual learner:

Ask
questions AND/OR Conduct a
two-minute
observation/
Set/align
expectations

*Step 2:* Select a model for rapid teaching:

Today: •One minute preceptor •RIME •Questioning *Step 3*: Provide feedback on performance:

Be specific
Self-assessment
Comment on strengths
Discuss areas for improvement
Give direction ie next steps, which should include a selfdirected question



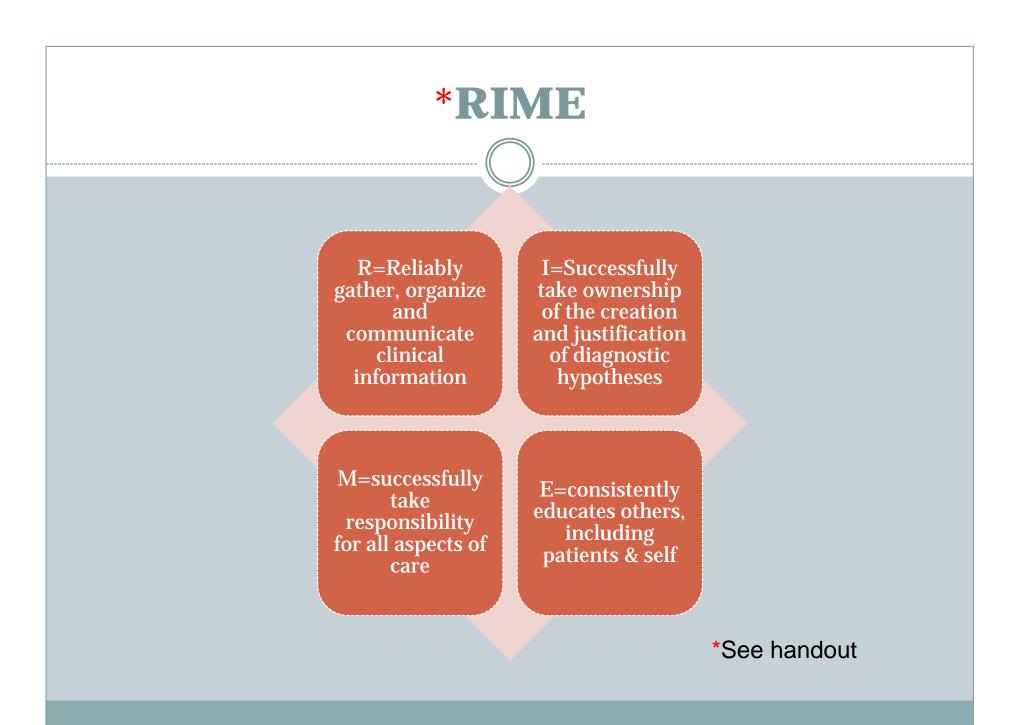
#### **RIME-based Tool**

#### Frames evaluation for our trainees

#### Improves trainee performance

Preceptor describes what they see in RIME terminology (R+I+M+E)

Learners practice several levels at once



## **Additional Skills and Behaviors**

Interpersonal & Communication Skills

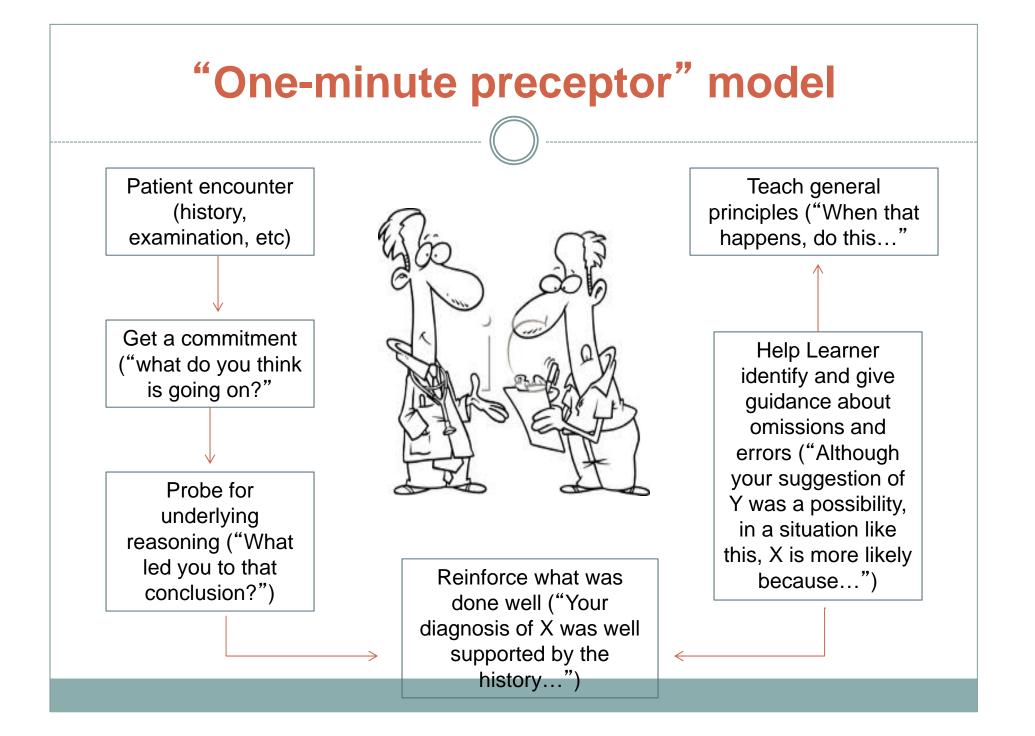
Professionalism & Educational Attributes

#### "Next Steps"

• Suggest and document 1-2 further steps to progress learner along the continuum of competence

## **Five-Step Microskills Model of Clinical Teaching**

- 1. Get a Commitment- "Reporter"
  - 1. What do you think is going on?
- 2. Probe for Supporting Evidence- "Interpreter"
  - 1. What led you to that conclusion?
- 3. Teach General Concepts-promote "manager" skills
  - 1. How do you approach/think about...? ("Manager")
- 4. Ask/Tell Them What They Did Right
  - 1. Specifically, you did a great job of...
- 5. ASK/Correct Mistakes-developmental improvements
  - 1. Next time this happens,...(self-direction)

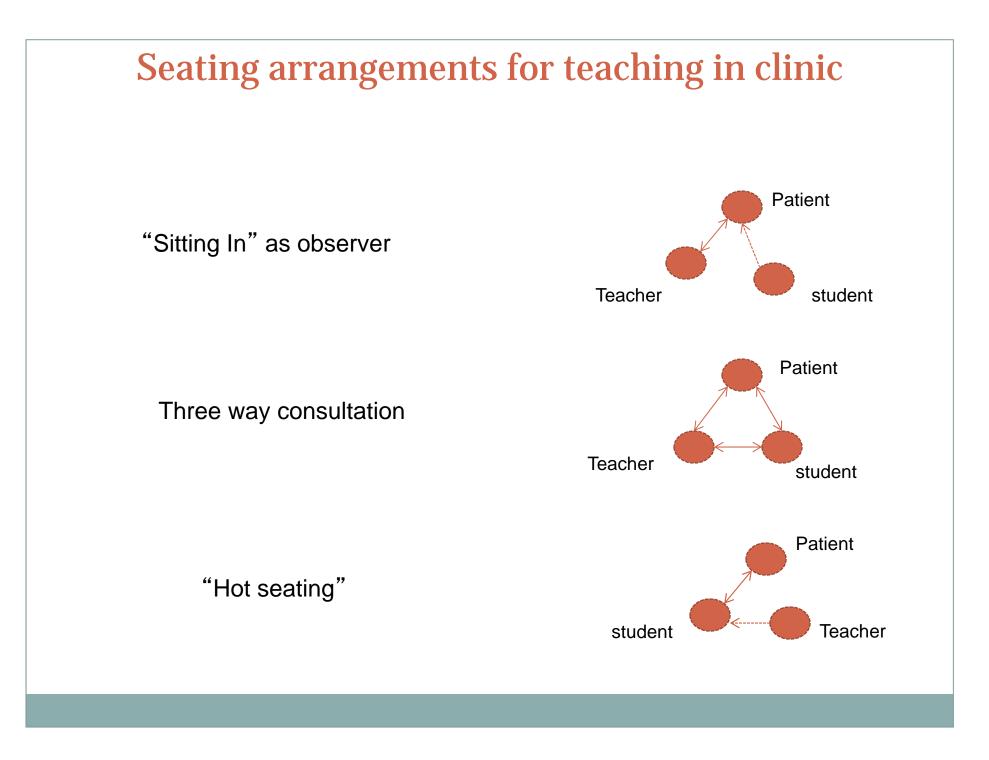


# How to give effective explanations??

- Check understanding s grasp of the topic
- Give information in "bite size" chunks
- Put things in a broader context when appropriate

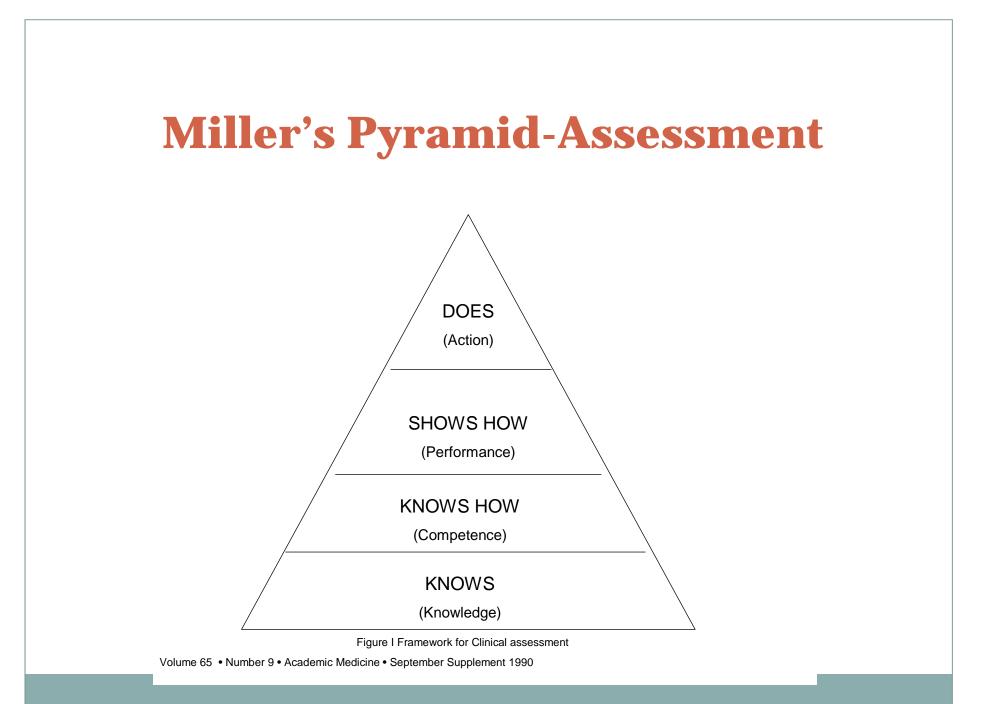
 Summarize periodically ("so far, we've covered…")

 Reiterate the take home messages; again, asking students...



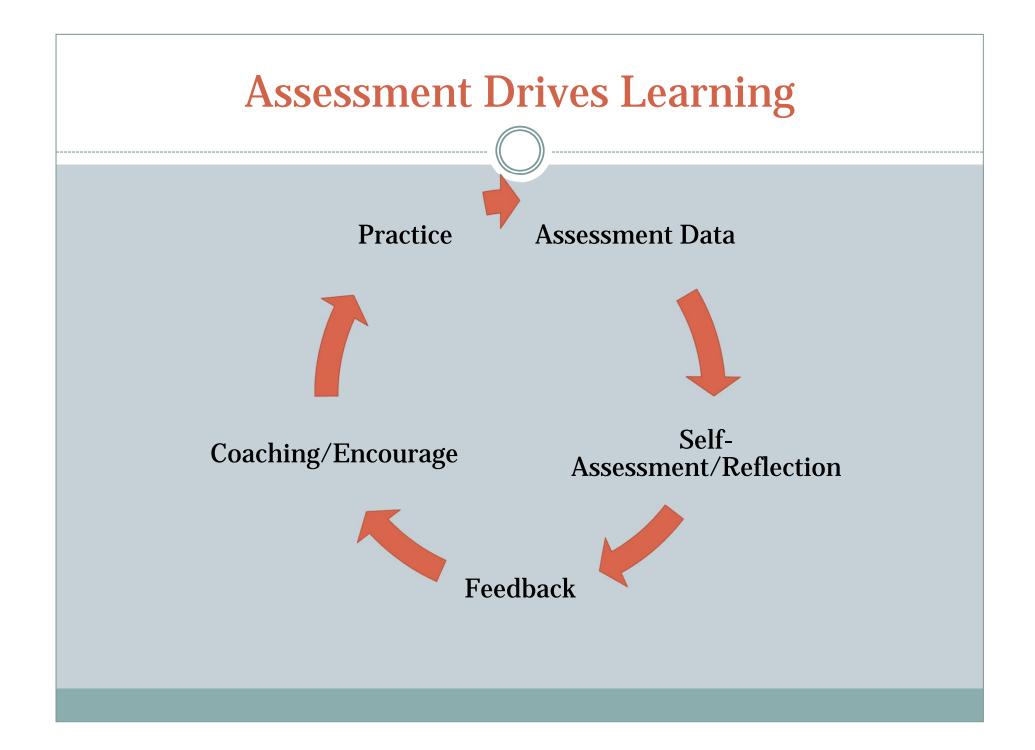
## **UTUBE Clinical Scenarios**

- https://youtu.be/hmKvei3thwQ
  - o (one minute preceptor)
- https://youtu.be/POXgABFzcgE
  - o (One minute preceptor)
- https://youtu.be/ifTAzAiTPQY
  - (RIME)



## Overcoming obstacles to teaching: TIME

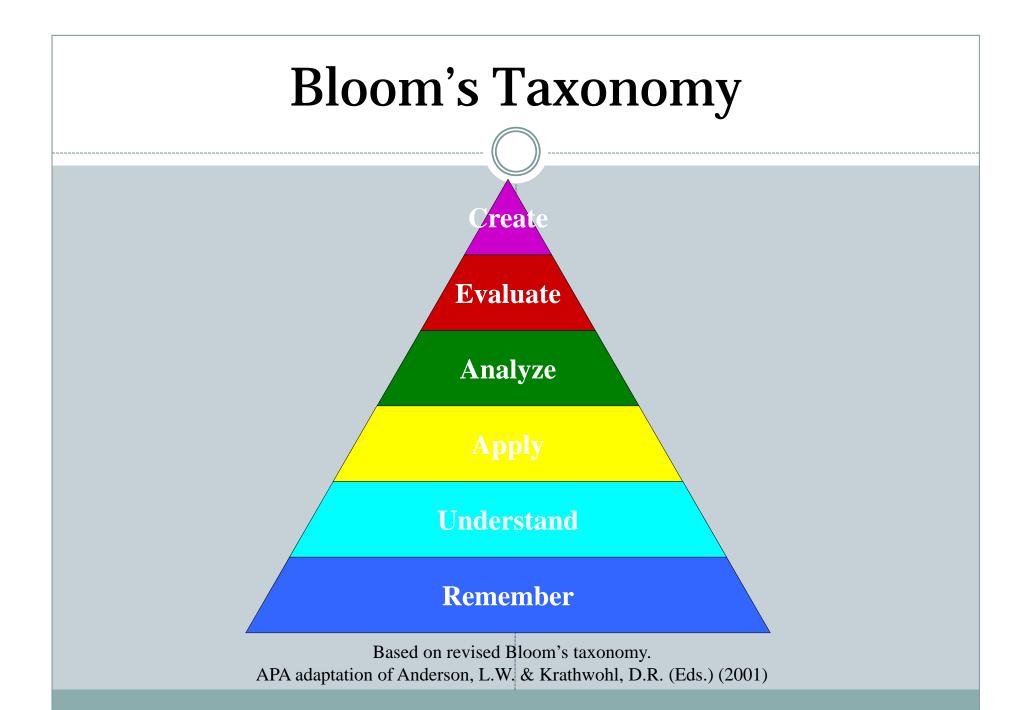
- Use "point of care" practices as teaching opportunities (connect book medicine with clinical medicine)
- Teach in "small bites" (2-3 minutes)
- "Just in time" emails, review log books, look ups assignments with f/u with discussions,
- Teach your learners to be proactive (contract a minimum of one teaching point per session)

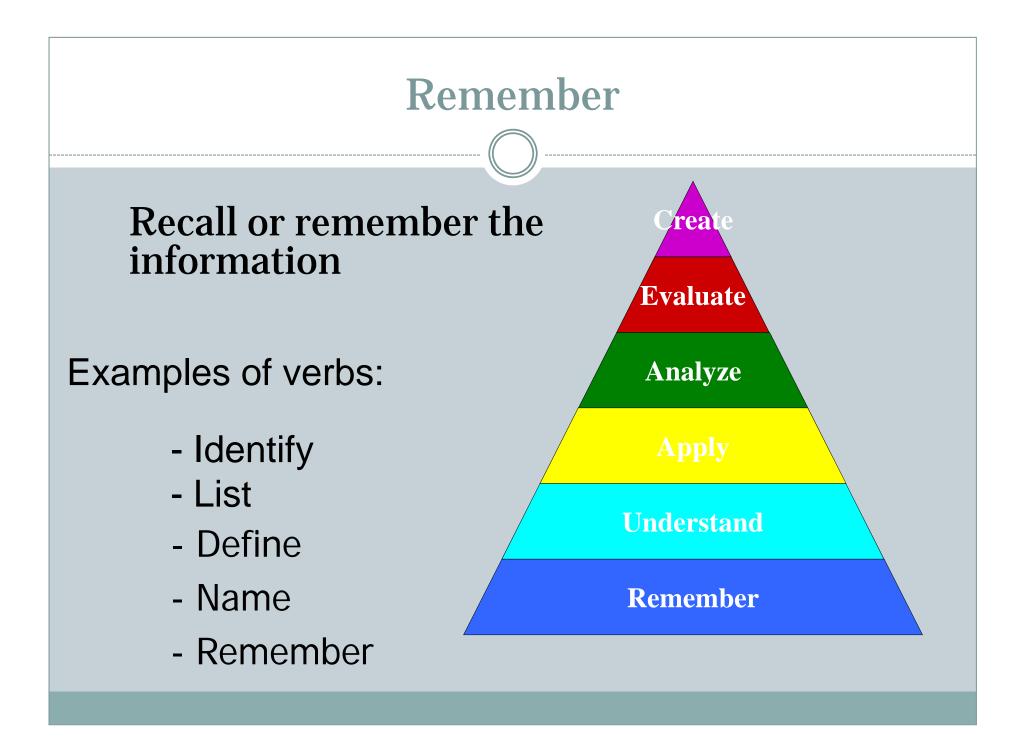


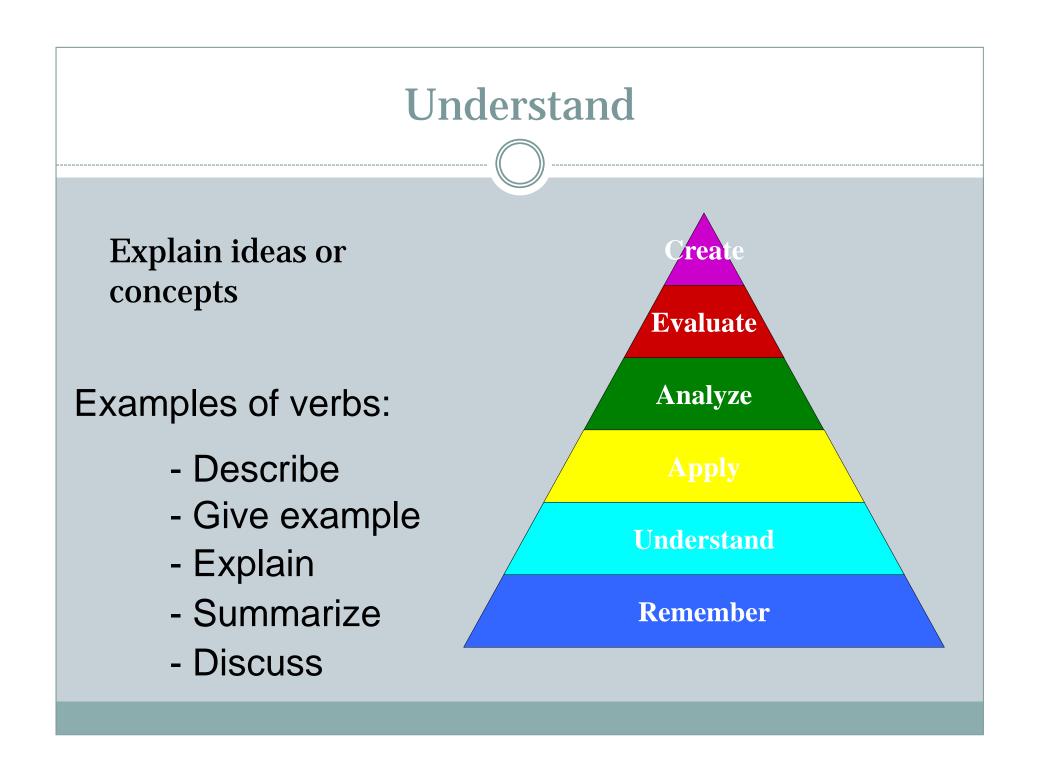
## How to use questions??

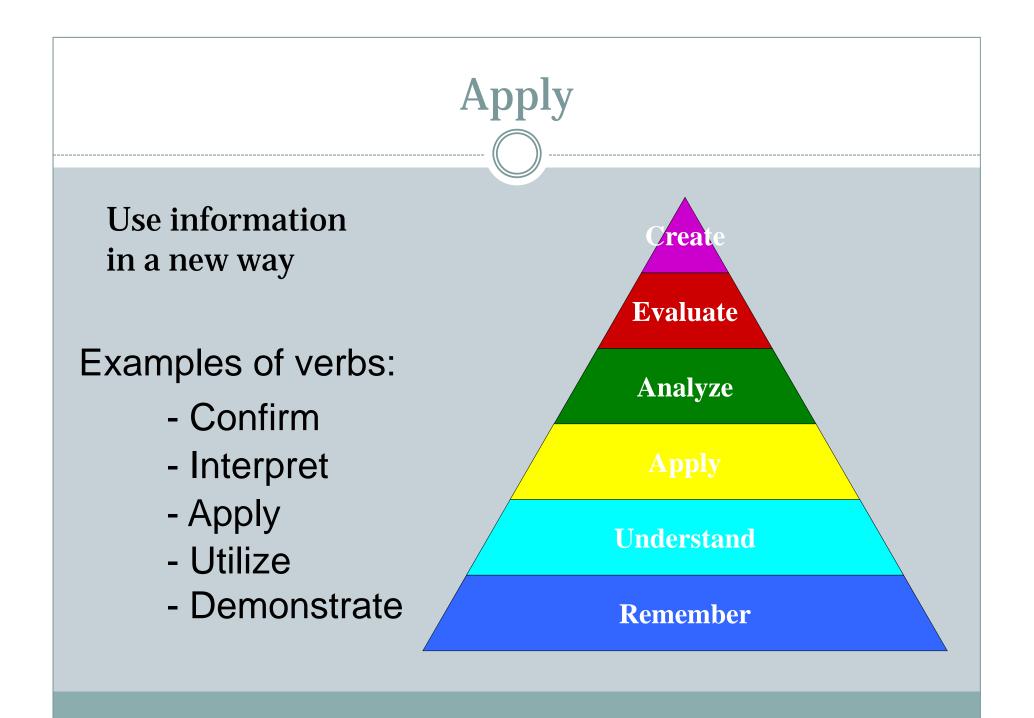


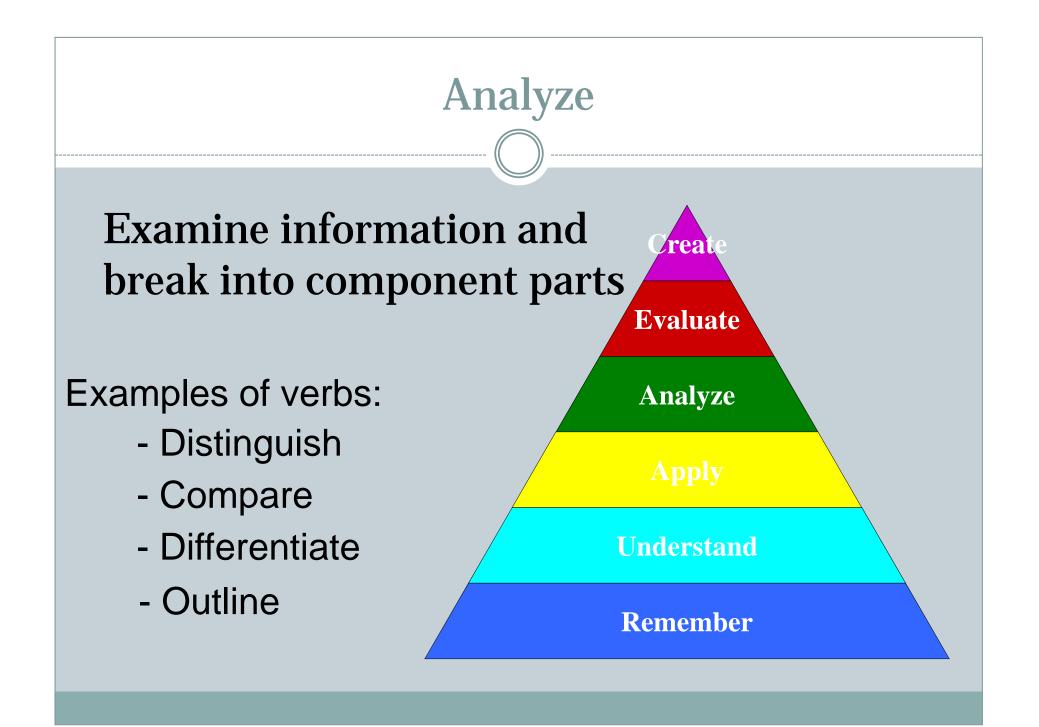
- Restrict use of closed questions
- (What? When? How many?)
- Use open or clarifying/probing questions
- (What are the options? What if?)
- Allow adequate time for students to give a response-
- Follow a poor answer with another question
- Answer learners' questions-with counter questions
- Statements make good questions-for example, "Students sometimes find this difficult to understand"
- Be non-confrontational

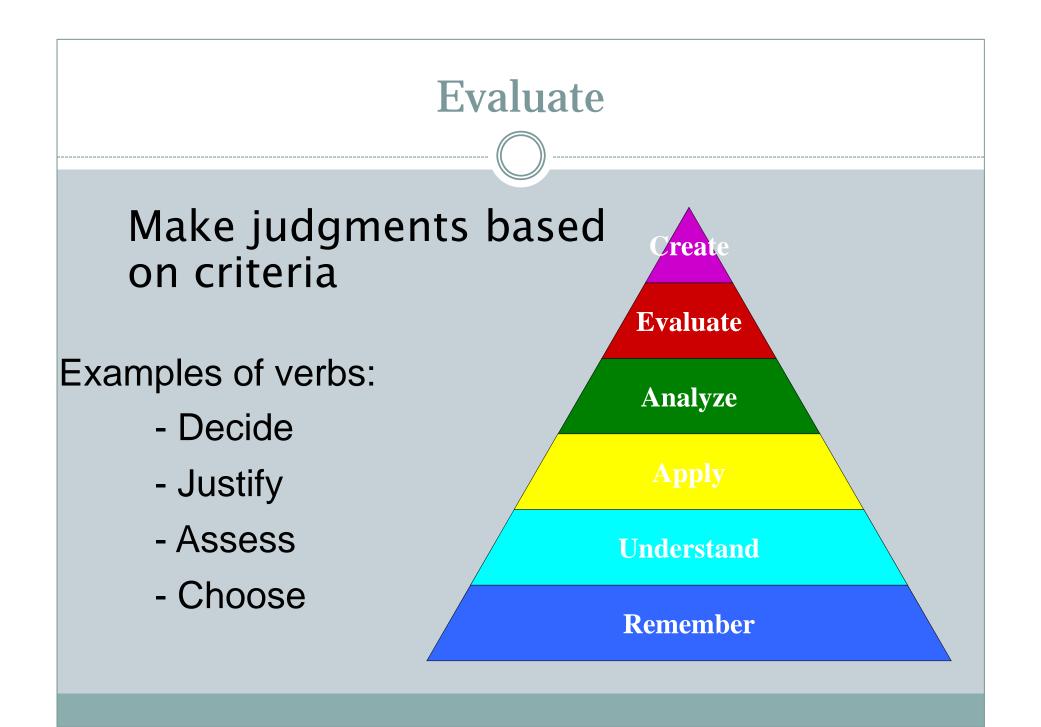


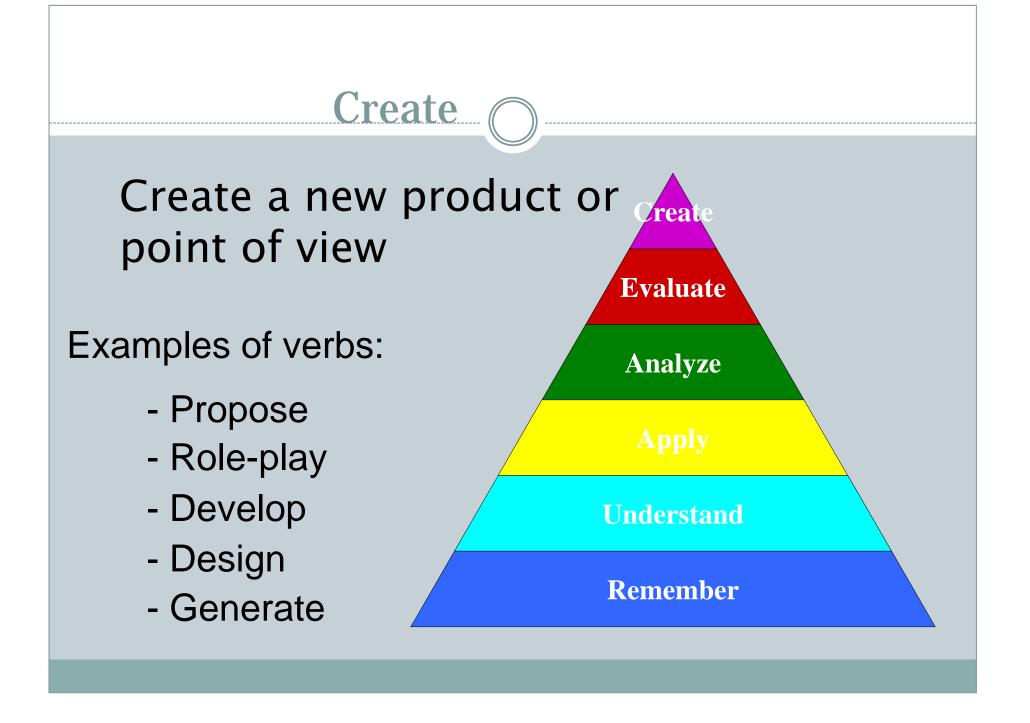


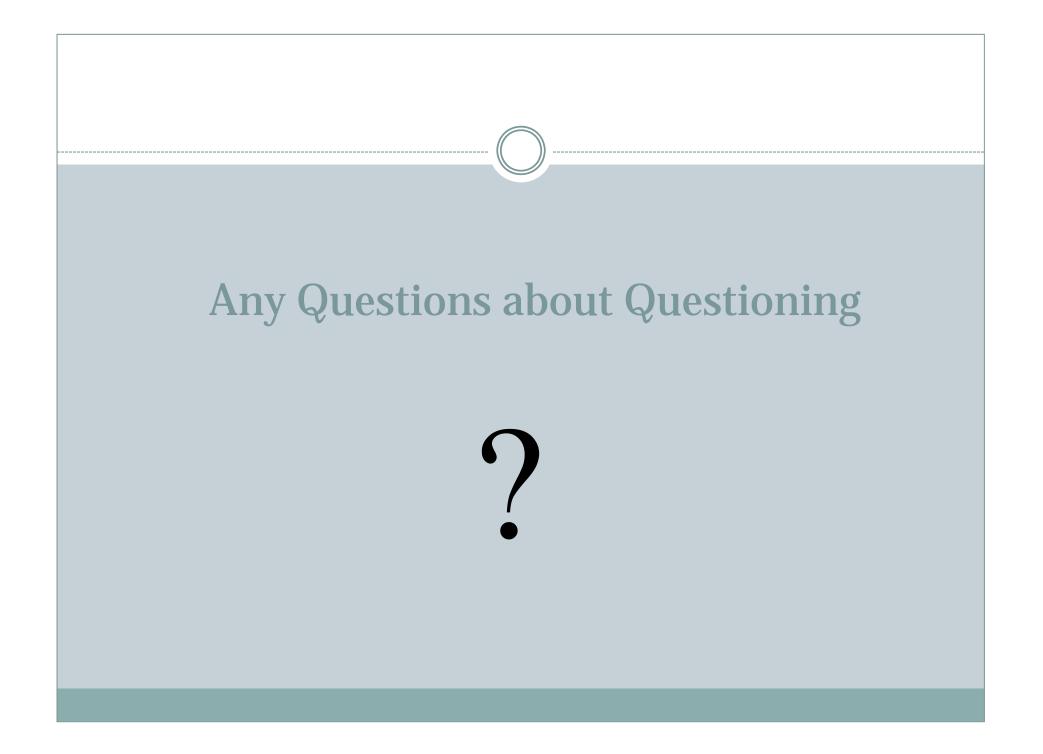












## William Osler

 "The value of experience is not in seeing much, but in seeing wisely."

 "No bubble is so iridescent or floats longer than that blown by the successful teacher."

## **Diagnosing a Learner**

- Ask Questions (Pre)
  - Diagnosis, treatment or workup questions
- Diagnose learner
  - Get a commitment and probe for evidence assesses learner knowledge and reasoning skills
- Pause and wait for an answer
- Teach/Tailored Instruction (During)
  - General rules
  - Provide feedback
  - Reinforce what as right
- Correct mistakes (Post) and/or reinforce a self-directed learning opportunity