# **Clinical Teaching**

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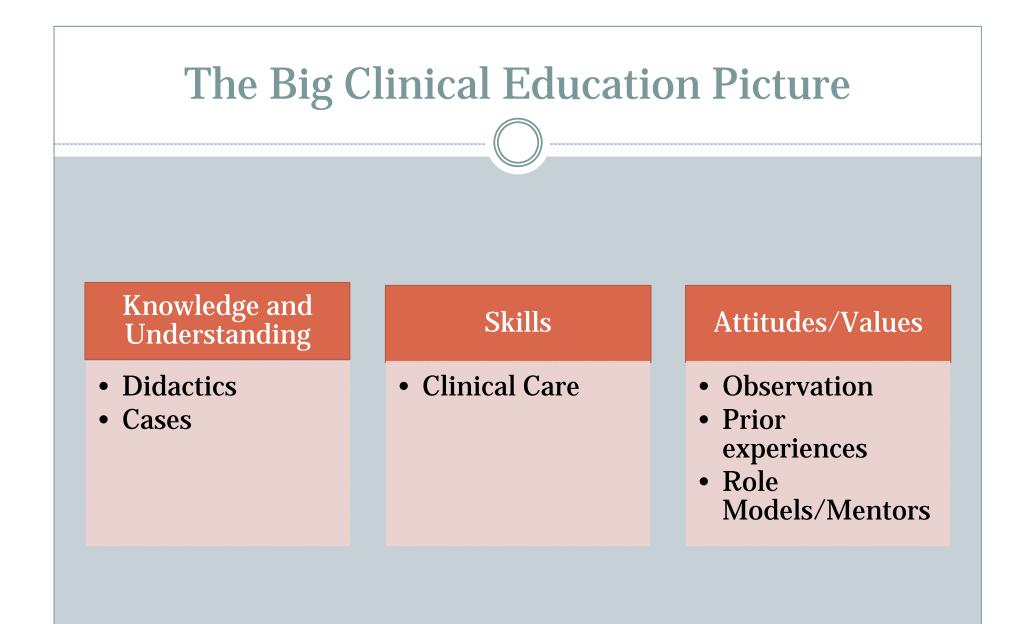
## **Session Objectives**

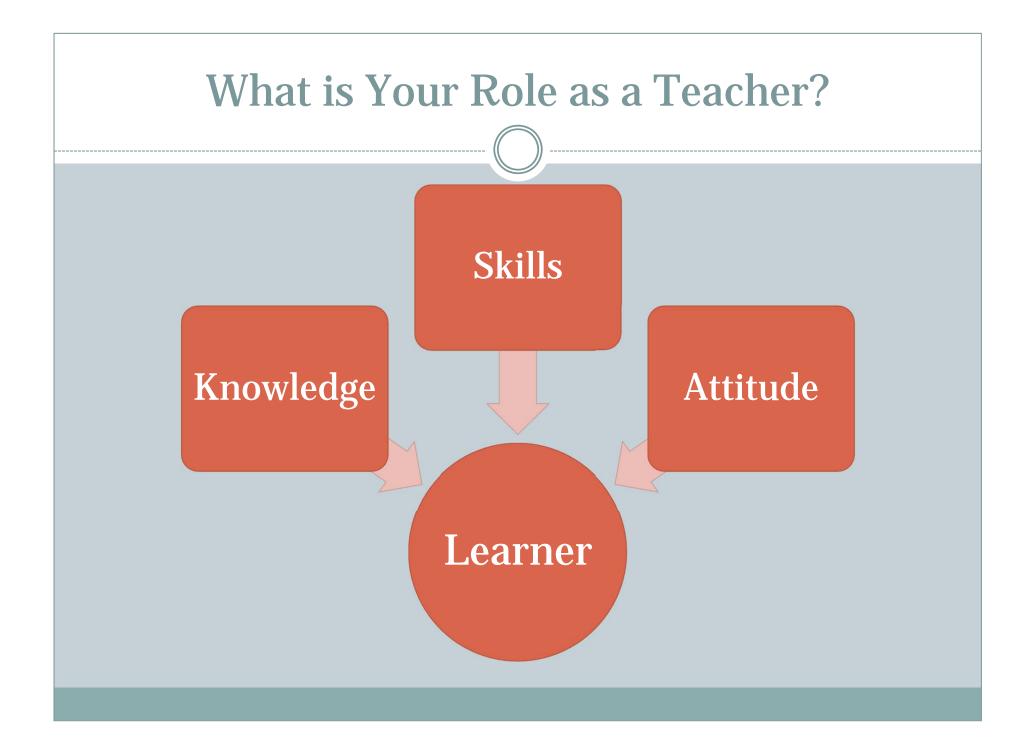
- Internalize the "big picture" of medical education as integral to clinician educators
- Identify core skills of a clinician educators
- Explain the 1<sup>st</sup> step of teaching: setting expectations
- Review "mindful" teaching

# Where is Clinical Teaching?

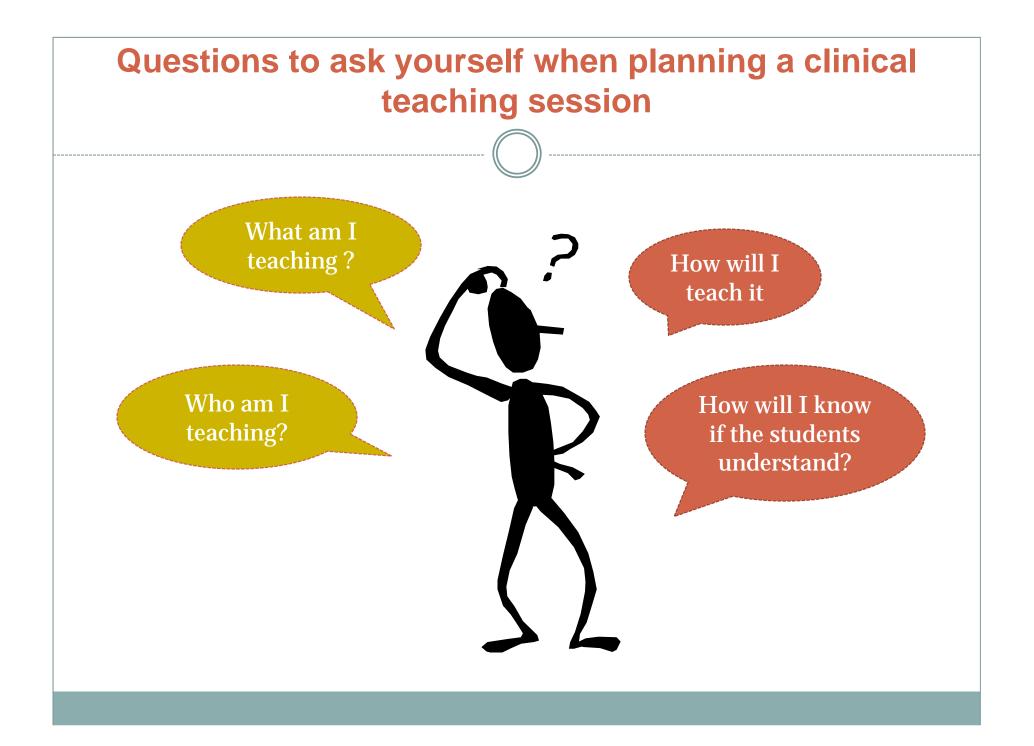
On the wards \*\*\* Clinic \*\*\* Lectures Small group Research Etc....

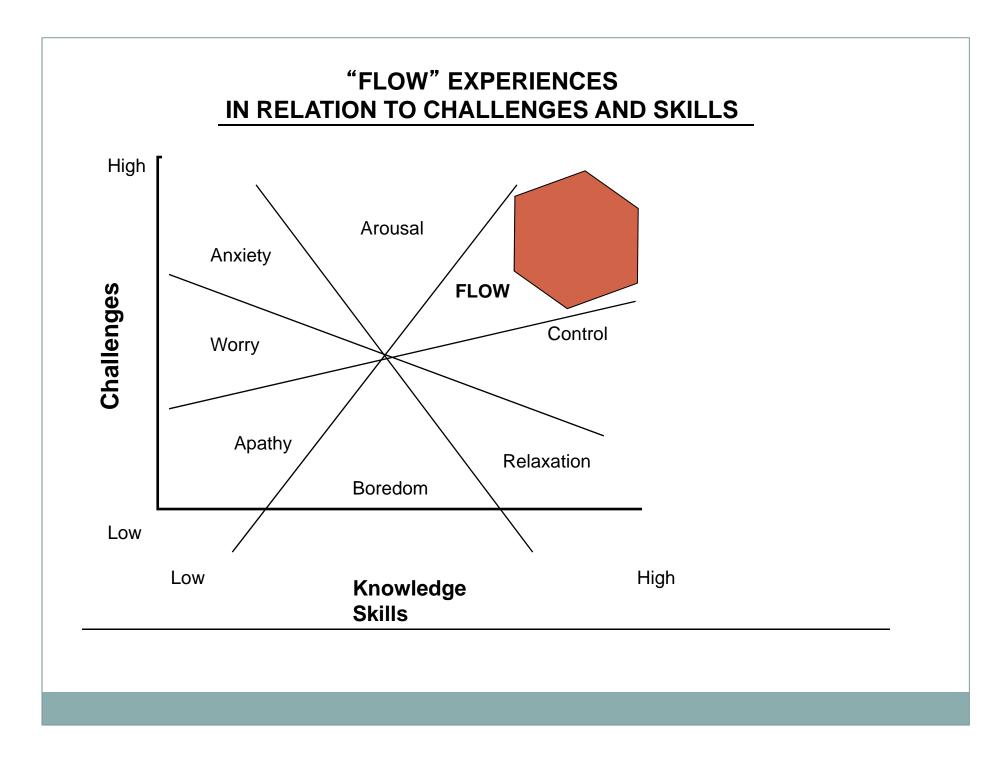












## **Step #1-Setting Expectations**

- Three step process
  0 1. Pre-meet
  0 2. In session
  0 3. End of session
- Use Questions





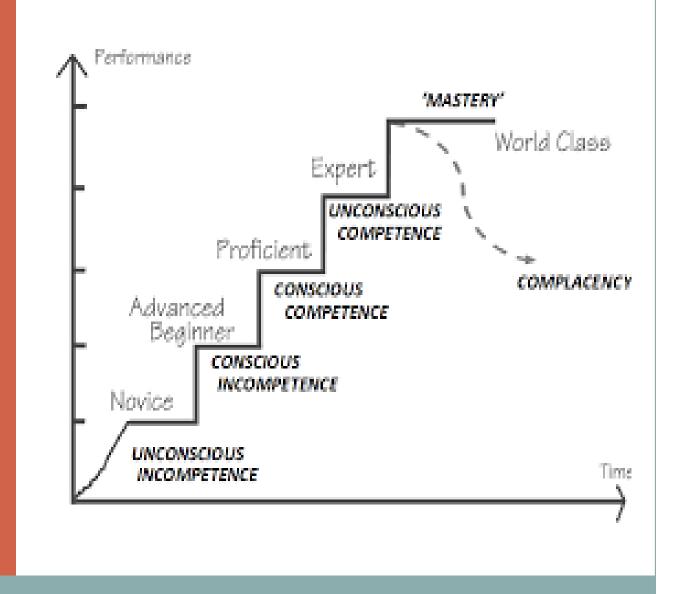
# Stages of Learning

Stage 1: Unconscious Incompetence

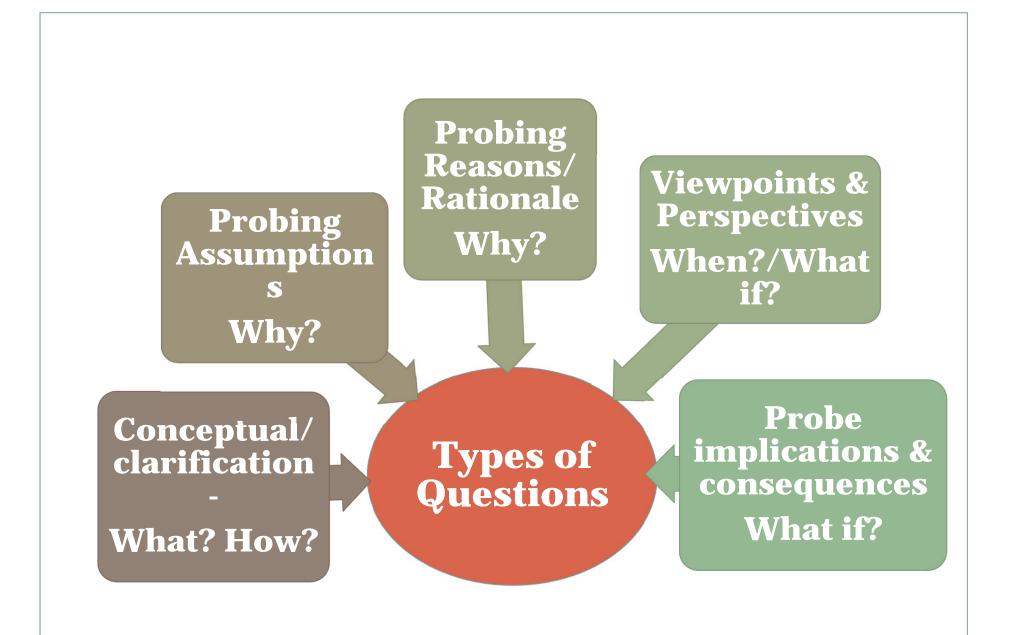
Stage 2: Conscious Incompetence

Stage 3: Conscious Competence

Stage 4: Unconscious Competence







### **General Guidelines for Questioning**

- Think along with the learner
- There are Always a Variety of Ways You Can Respond
- Do Not Hesitate to Pause and Reflect Quietly
- Keep Control of the Discussion
- Periodically Summarize
- Assess where the discussion Is:
  - What Questions are Answered; What Questions are Yet Unresolved



#### **Scenarios**

- **1**. Failure to thrive and ileal resection
- 2. Diabetes-type 1
- 3. Mucositis
- 4. Lymphangitis secondary to lyme's disease
- 5. Febrile infant under 3 months
- 6. Gastroenteritis-prolonged
- 7. UTI in a toddler
- 8. Acute vs chronic asthma presentation

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- 1. Rectal bleeding in an infant, in a toddler or in an adolescent
- 2. Abdominal pain in the same age groups
- **3.** Chronic constipation in the same age groups
- 4. Dysphagia in a child
- **5.** Failure to thrive
- 6. Diabetes-type 1

#### **Clinical Teacher**

- Diagnoses learner needs
- Observes
- Role models (knowledge, skills and attitudes)
- Demonstrates care
- Debriefs cases
- Provides feedback
- Encourages learner reflection



#### Notable Tensions as a Teacher

- When to ask and when to tell?
- When to model and when to watch?
- When to discuss process and when to discuss content?
- When to see a patient and when to follow learner from afar?



## Overcoming obstacles to teaching: TIME

- Use "point of care" practices as teaching opportunities (connect book medicine with clinical medicine)
- Teach in "small bites" (2-3 minutes)
- "Just in time" emails, review log books, look ups assignments with f/u with discussions
- Teach your learners to be proactive (contract a minimum of one teaching point per session)





## **Overcoming obstacles to teaching**

#### **SKILLS**

# #1 Teaching is a learning experience, don't be afraid of not knowing something – look it up & discuss

• role models self-directed learning

#### #2 Ask learner for feedback about teaching

- "How can I make learning better for you?"
- "Did you experience what you expected today?
- "Unanswered questions from today?"



#### How to Teach Anybody Anything-Be \*Mindful

#### • Tip 1

 Mindful of the right amount of information, for learner level

#### • Tip 2

- Mind the gap in knowledge and/or skills
- Tip 3

#### • Mind the time

- Tip 4
  - Mind the student reaction

- Tip 5
  - o Mindful feedback
- Tip 6
  - Monitor stress, aim optimal
- Tip 7
  - Be mindful-in the moment- when you are with learners

#### William Osler

 "The value of experience is not in seeing much, but in seeing wisely."

 "No bubble is so iridescent or floats longer than that blown by the successful teacher."