### Road Map for Bedside Teaching: Capture a Teachable Moment

#### Pre-rounds
**Preparation, Planning, Orientation**
- Preparation is a key element to conducting effective rounds and increasing comfort at the bedside
- Draw a road map of what you plan to achieve at the bedside for each encounter
- Orient the learners to your plans for the session and negotiate goals and objectives for the session

#### Rounds
**Introduction, Interaction, Observation, Instruction**
- Introduce yourself and the team to the patient; emphasize the teaching nature of the encounter
- Role-model a physician-patient interaction
- Stepping out of the limelight and keen observation is a necessary part of learner-centered bedside teaching
- Challenge the learners’ minds without humiliating, augmented by gentle correction when necessary. Do the teaching. Tell the learners what they have been taught.

#### Post-rounds
**Debriefing, Feedback, Reflection, Preparation**
- Think about the bedside encounter; evaluate what went well and what went poorly and what you would do next time
- Start your preparation for the next encounter with insights from your reflection phase
- Leave time for questions, clarifications, assigning further readings etc.
- Clarify what went well and what did not for the learner

#### Tips to Improve Bedside Teaching
- Gentle Corrections can be made when needed
- Actively discourage one-upsmanship among the learners
- Teach professionalism and observation
- Admitting one’s own lack of knowledge might set the tone for trainees to admit their limitations and engender a willingness to ask questions
- Keep all learners engaged to avoid boredom
- Emphasize that you are willing to learn from the trainees as well as the patient
- Demonstration of clinical skill can only be done at bedside
- Avoid asking questions of junior learners when a senior learner has missed the question
- Avoidance of lengthy didactic discussions keeps learners engaged and involved during session

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Note: these are available electronically for printing at [http://medicine.hofstra.edu/faculty/facdev/facdev_clinical_communitypreceptorteaching.html](http://medicine.hofstra.edu/faculty/facdev/facdev_clinical_communitypreceptorteaching.html)