



Medical Education Journal Club A Live Webinar Event



Topic: Sleep Disturbances and their Impact on Medical Training/Burnout

Speaker: David Marcus, MD
Assistant Professor, Hofstra Northwell School of Medicine

Date: Wednesday, May 17, 2017

Time: 12:00pm – 1:00pm

Target Audience: All clinician-educators

Learning Objectives: Upon completion of this session, participants will:

1. Describe the concepts of circadian de-synchronization and shift lag
2. Review several tools for mitigating the risks of sleep deprivation
3. Compare current scheduling practices with scheduling patterns that can reduce risk shift lag

Register with this link: <https://attendee.gotowebinar.com/register/8000914500060296451>

*Join us from any location with a computer and dial-in by phone for audio.
Journal articles and online access instructions will be sent to registered participants in advance of the event.*

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Credit Designation: Northwell Health designates this live activity for a maximum of **1 AMA PRA Category 1 credit™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Planner and Speaker's Disclosures: Brenainn Flanagan, MD and Alice Fornari, EdD, RD have nothing to disclose.

Recognition of Program Support: An announcement of program support will be made to all attendees at the beginning of each Regularly Scheduled Session.