THINGS I WISH I KNEW DURING MY PEDIATRICS CLERKSHIP

ADVICE FROM THE CLASS OF 2021

General advice for the Pediatrics clerkship:

Some lectures will review how to generate a differential for the pediatric patient with specific diagnosis, these will help you understand why it’s important to ask specific questions.

Learning from the books and questions is important but being able to obtaining information from the pediatric patient is a different skill altogether and needs to be practiced.

Be comfortable with the developmental milestones and general vaccine guidelines before your week on Ambulatory – you’ll be much better equipped to independently evaluate patients at check-up visits.

Attend and participate in resident teaching sessions – their morning report is similar to a shorter ACE-rounds and the residents are often impressed with ZSOM students’ abilities to ask pertinent questions and generate strong differentials.

When possible, incorporate EBM into your patient presentations on rounds – rounds on Peds Floors are wonderful for teaching and learning from your team.

Quotes from the class:

“BRS was helpful if I read it regularly for major topics.”

“I found Uworld and Pretest to be the most helpful for shelf preparation.”

“The noon conferences were helpful because it meant I had at least an hour of studying built into every day.”

“Pediatrics in Review has fantastic review articles that are comprehensive and easy to understand Lexicomp was great for medication dosing when developing plans.”

“Up-to-Date is good for general approaches to various diagnoses & CDC vaccine schedule is helpful in ambulatory medicine and BrightFutures for preventive care for children.”

Regarding the Pediatrics NBME practice exams (for shelf), how many did you complete?

Mean: 3.02 (min.: 0 max.: 7)
Preparing for your Pediatrics clerkship:
Here are a few clerkship specific resources recommended by upper-term students to supplement your preparation.

Interested in more tips? Stop in or make an appointment with the Office of Academic Success!  SOMAcademicSuccess@Hofstra.edu