

THINGS I WISH I KNEW DURING MY PSYCHIATRY CLERKSHIP



DONALD AND BARBARA
ZUCKER SCHOOL of MEDICINE
AT HOFSTRA/NORTHWELL

ADVICE FROM THE CLASS OF 2021

General advice for Psychiatry clerkship:

When interviewing a patient who you will be potentially referring to during your ACE round presentation, get a holistic view of the patient. Understand that psychiatry relies on understanding the whole person to make any significant change in the patient's diagnosis. Focus on understanding protective or exacerbating factors in the patient's life that may affect progress.

First Aid for Psych provides a great framework for diagnoses, medications (MOA, side effects); This is a great resource for learning about your patients, preparing for ACE rounds, and studying for Shelf.

When possible, spend time getting to know your patients to allow them to feel more comfortable opening up during their interviews. This will offer you and the team more insight into how their condition can be managed effectively.

Quotes from the class:

"First Aid for Psychiatry was very helpful in breaking it down and getting a general sense of each diagnosis"

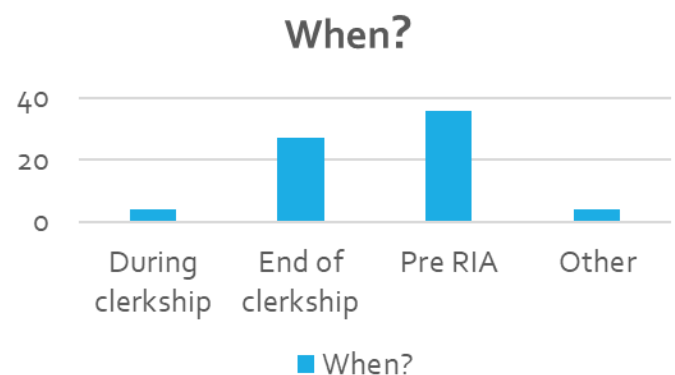
"I used Anki and Uworld to prepare"

"Case Files is helpful for Psych studying as well. Regarding questions, I primarily used Uworld and the Langer question book."

"I re-watched some sketchy videos for medications. Online Med Ed was good for overview and basics of each disease. I used the DSM for write-ups and ACE rounds, as well as The American Psychiatric Publishing Textbook of Psychiatry."

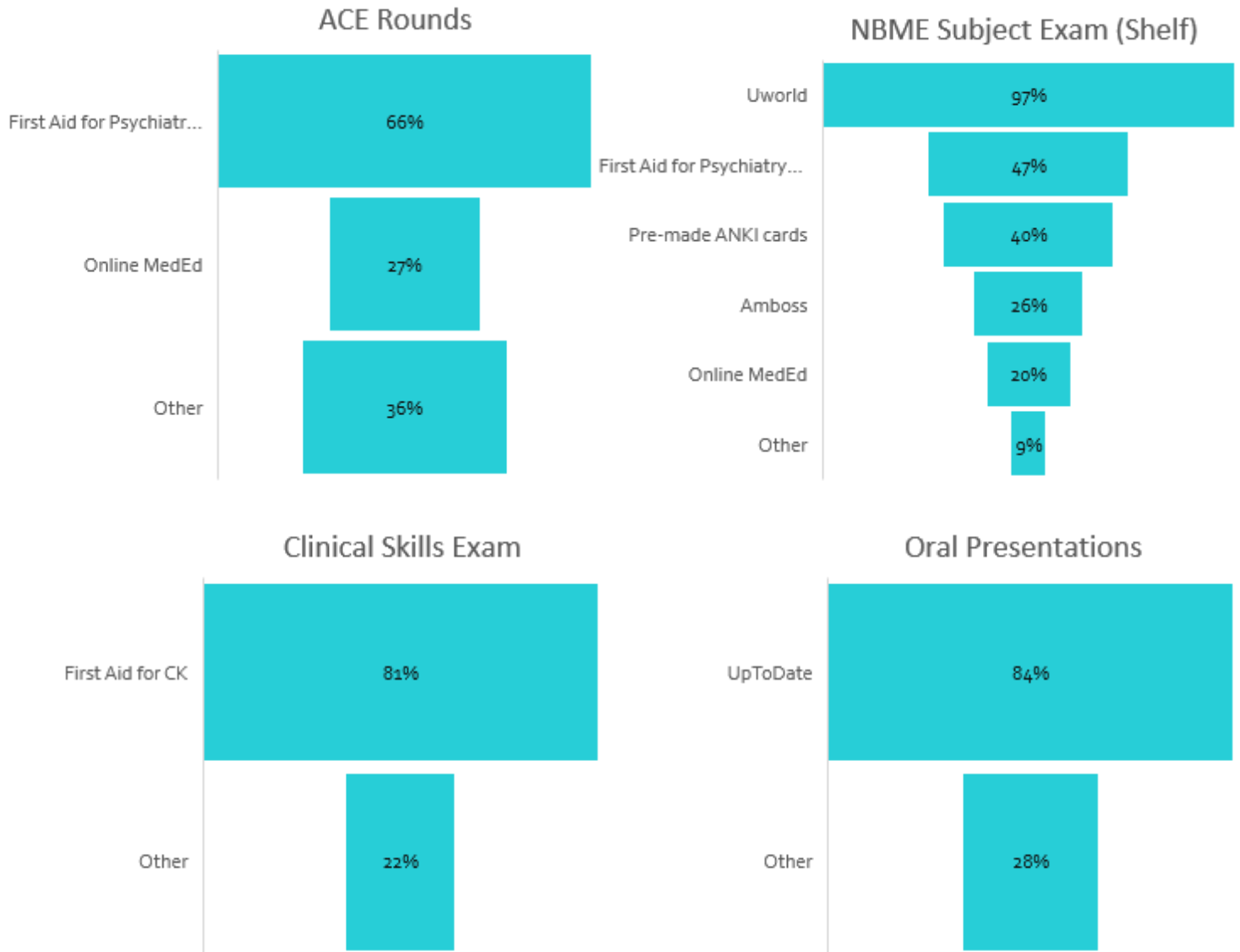
Regarding the Psychiatry NBME practice exams (for shelf), how many did you complete?

Mean:3 (min.:0 max.:6)



Preparing for your Psychiatry clerkship:

Here are a few clerkship specific resources recommended by upper-term students to supplement your preparation.



Interested in more tips? Stop in or make an appointment with the Office of Academic Success! SOMAcademicSuccess@Hofstra.edu