Nutrition as an Essential Lifestyle Modification - If not now, when?

In Honor of National Nutrition Month we will explore the connection of diet to cancer and the need for nutrition education in medical school.

Wednesday, March 16, 2022
12:00 - 1:00 PM

Speakers
Christine L. Sardo Molmenti, PhD, MPH, Assistant Professor, Cancer Epidemiologist
Department of Occupational Medicine, Epidemiology, and Prevention; Department of Pediatrics, Feinstein Institutes for Medical Research, Northwell Health Physician Partners

Alice Fornari, EdD, RD, VP Faculty Development, Northwell Health

Discussants
Eva Sheridan, MD, MSEd, Assistant Professor, Department of Science Education, Zucker School of Medicine at Hofstra/Northwell

Ambika Chawla, MS RD CNSC CCTD
AVP Nutrition Services

Zoom Registration Link
https://hofstra.zoom.us/meeting/register/tJwrcuGvqDkiE9PwQEeqNW2y2pZutsv1WD4Yy

Learning Objectives
Upon completion of this session, participants should be able to:
- Identify that diets with refined foods will negatively impact health and can promote cancer
- Identify dietary modifications to promote a healthy approach to eating
- Review the current status of nutrition education in medical school curriculum
- Describe local nutrition efforts to enhance the medical school curriculum

Target Audience: All clinician-educators

Joint Accreditation Statement:
In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designations:
- Physicians
  Northwell Health designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- Nurses
  Northwell Health designates this activity for 1 ANCC contact hours.
- Physician Assistants
  Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.
- Psychologists
  Northwell Health designates this activity for 1 APA CE credits for psychologists.
Registered Dietitians and Dietetic Technicians, Registered
Northwell Health designates this activity for 1 CPEU contact hours. RDs and DTRs are to select activity type 102 in their Activity Log. Performance indicator selection is at the learner’s discretion.

Disclosure Policy:
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Planner and Speaker's Disclosures:
Course Director: Alice Fornari, EdD, RD has nothing to disclose. Planner: Alice Fornari, EdD, RD has nothing to disclose. Speakers: Christine Molmenti PhD MPH and Alice Fornari, EdD RD have nothing to disclose. Discussants: Eva Sheridan, MD MSEd and Ambika Chawla, MS RD CNSC CCTD have nothing to disclose.