The Science of Health & Happiness

Tuesday, Sept. 13, 2022
12:00 - 1:00 PM

Speaker:
Iris Schrijver, MD
Adjunct Clinical Professor of Pathology, Stanford University School of Medicine

Discussants:
Hugo Ortego, MD, Department of Medicine, Long Island Jewish Medical Center
Robert Gluck, MD, Hofstra Northwell School of Nursing & Physician Assistant Studies and the Zucker School of Medicine at Hofstra/Northwell

Zoom Registration Link
https://hofstra.zoom.us/meeting/register/tJ0od-uhrD8iGNAQfPwDLNZ8rhNbnupjC0A

Learning Objectives
Upon completion of this session, participants should be able to:
- Describe the impact of chronic diseases on health in the U.S.
- Define Lifestyle Medicine and list its six pillars
- Understand the principles, elements, and benefits of positive health
- Recognize common influences on health behaviors and sources of bias

Target Audience: All clinician-educators

Joint Accreditation Statement:
In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designations:
- Physicians
Northwell Health designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- Nurses
Northwell Health designates this activity for 1 ANCC contact hours.
- Physician Assistants
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- Psychologists
Northwell Health designates this activity for 1 APA CE credits for psychologists.
- Registered Dietitians and Dietetic Technicians, Registered
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Disclosure Policy:
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Planner and Speaker’s Disclosures:
Course Director: Alice Fornari, EdD, RD has nothing to disclose. Planner: Alice Fornari, EdD, RD has nothing to disclose. Speaker: Iris Schrijver, MD has nothing to disclose. Discussants: Hugo Ortego, MD and Robert Gluck, MD have nothing to disclose.