**DONALD AND BARBARA ZUCKER SCHOOL OF MEDICINE** AT HOFSTRA/NORTHWELL INITIAL CLINICAL **EXPERIENCE** (ICE) **Preceptor Handbook** 2023-24



DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE AT HOFSTRA/NORTHWELL

# TABLE OF CONTENTS

ICE Contacts
Initial Clinical Experience: Overarching Goals & Objectives/CME Credit Eligibility7
Getting Started: Assignment and Contacting Your Student10
Schedules, Office Logistics & Student Code of Conduct
ICE Attendance Card 13
Patient Selection 15
ICE Clinical Learning Objectives15
Educational Passport/Expectation Grid17
Types of Patient Experiences
ICE Clinical Learning Objectives
PATIENT SELECTION FOR MEDICINE INITIAL CLINICAL EXPERIENCE 22
PATIENT SELECTION FOR OB/GYN INITIAL CLINICAL EXPERIENCE 24
PATIENT SELECTION FOR SURGICAL INITIAL CLINICAL EXPERIENCE 26
PATIENT SELECTION FOR PEDIATRIC INITIAL CLINICAL EXPERIENCE 27
Initial Clinical Experience: Faculty Development
Preceptor Skills
Presentation Skills
Questions Regarding ICE
Problems? 38
Absences/Lateness/SOM Closures 38
Appendix A: Week by week schedule
Appendix B: Curriculum
Appendix C: Educational Clinical Learning Objectives by Course
Appendix D: Example of SNAPPS Presentation
Appendix E: Assessment
Appendix F: Hofstra Core Exam 50
Appendix G: Online Resources: Accessing the Library Site
Appendix H: Faculty Discounts
Appendix I: Educational Conflicts of Interest and Recusal

# "TO STUDY THE PHENOMENA OF DISEASE WITHOUT BOOKS IS TO SAIL AN UNCHARTED SEA, WHILE TO STUDY BOOKS WITHOUT PATIENTS IS NOT TO GO TO SEA AT ALL." -SIR WILLIAM OSLER

## **Introduction and Context**

The First 100 Weeks is an integrated curriculum with eight courses inclusive of both scientific and clinical content.

The first seven courses have three components: (1) Mechanisms of Health, Disease, and Intervention, (2) Structure, and (3) Patient, Physician, and Society.

**Mechanisms of Health, Disease, and Intervention** includes normal and abnormal molecular, cellular, and organ physiology, as well as pharmacology and therapeutics. **Structure** integrates normal and abnormal anatomy, embryology, histology, pathology, imaging, physical diagnosis and ultrasound. **Patient, Physician, and Society** incorporates classroom sessions focusing on non-biological sciences and core clinical skills.

During the First 100 Weeks, students partake in a longitudinal, community practice-based clinical experience, known as the **Initial Clinical Experience (ICE)** 

Each week of the curriculum is defined by a scientific theme and anchored by two hybrid problembased/ case-based learning cases known by the acronym **PEARLS** (Patient-Centered Explorations in Active Reasoning, Learning, and Synthesis). During Structure sessions, faculty preceptors challenge students to apply their understanding of biomedical science in solving clinical problems by linking structure and function. In ICE, students complement their classroom learning with direct patient care. Each week also includes specific concept framing sessions, opportunities for review and reinforcement, and ample self-directed learning time.

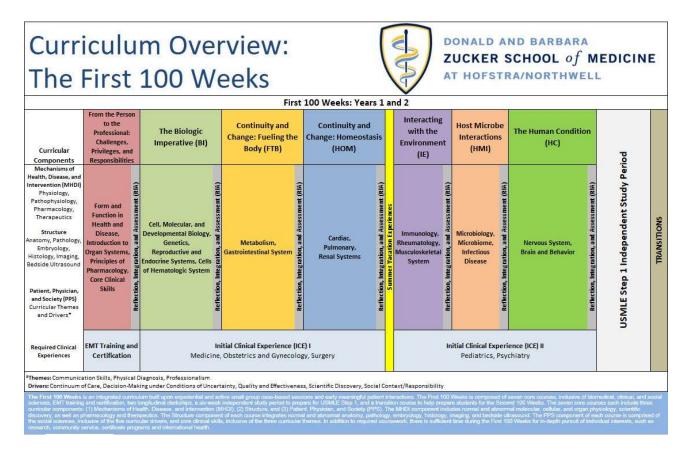
The First 100 Weeks ends with an 8-week period in which the students prepare for the USMLE Step 1, followed by Transitions, a 2-week course in preparation for the Second 100 Weeks. In addition, there is ample time in the First 100 Weeks for personalized experiences, including opportunities during the first summer for in-depth pursuit of individual interests such as research, community service work, or international health.

For ICE, each individual student is assigned to five discipline-specific, physician faculty preceptors. The preceptors represent four core disciplines: general medicine (internal medicine or family medicine), surgery, pediatrics, obstetrics and gynecology, and psychiatry. Students participate in a minimum of one-half day per week in caring for patients with these practitioners primarily in the ambulatory setting. Students also attend deliveries, surgeries, and have structure teaching time in clinical psychiatry setting.

ICE affords students the critically important opportunity to participate in first encounters with patients with common clinical conditions as well as in the ongoing care of patients already diagnosed and being cared for by physicians in the community. **The longitudinal nature of the experience offers students the potential to follow a small cadre of patients longitudinally.** Students are expected to experience the breadth of health care as their patients do, and this might include radiologic testing, consultation with specialists, or inpatient stays as applicable. A site director is assigned to supervise (function as an additional layer) the experiences of each group of students and their preceptors.

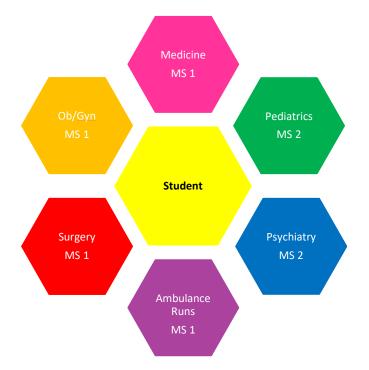
As much as possible, clinical experiences are designed to be coordinated temporally with the integrated science curricular content and themes. As an example, during The Biologic Imperative course which focuses on growth and development from a genetic to an organism level, students spend a larger proportion of their ICE time with their obstetrics and gynecology preceptor with whom they begin following a pregnant patient longitudinally through to the delivery of her newborn.

The following is an image of the First 100 weeks, which equates to the first half or first 2 years of medical school:



#### **Global View of ICE Organization**

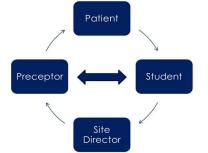
In ICE, each individual student is paired with five preceptors representing the five core disciplines: *medicine, surgery, pediatrics, obstetrics and gynecology, and psychiatry*. The 6<sup>th</sup> ICE "discipline" is the ambulance runs, which students begin doing early in their first year. For a *minimum* of one half-day per week, students meet with one of their preceptors with the goal of active participation and **hands-on** learning. As repeatedly emphasized throughout this handbook, the goal of ICE is for the student to engage in direct, HANDS-ON patient care. This is not a shadowing experience!



*First year experience*: Emphasis on Ambulance Runs, Medicine, OB/GYN and Surgery *Second year experience*: Emphasis on Pediatrics and Psychiatry

#### The Value of Relationships and Continuity

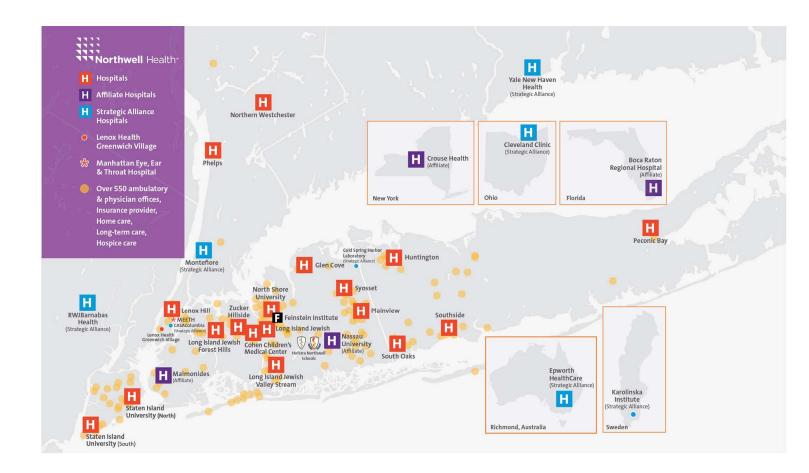
What makes this program unique is that the pairings of student with preceptor and of, student with patient continue for 100 weeks. This continuity allows relationships to be cultivated, and through these relationships, learning occurs.



It is important to note that it is these *relationships* that are critical to success in ICE. Through this, ICE becomes a *relationship-based program*, rather than an office-based one.

#### Assignment to Sites and Role of Site Director

In ICE, students are divided into small groups of 11-16 learners and assigned to one of seven community sites. These sites are: *LIJ Valley Stream, Forest Hills, Glen Cove Hospital, Huntington Hospital, Plainview Hospital, and South Shore University Hospital.* A local site director helps guide the student experience. *Names/contacts are listed on the next page.* 



# ICE Directors and Program Manager

Sunita Cheruvu, MD <u>Sunita.Cheruvu@hofstra.edu</u> (516) 463-7585	Co-Director, Ambulatory Clerkships
Jill Leibowitz, MD Jill.A.Leibowitz@hofstra.edu (516) 463-7539	Co-Director, Ambulatory Clerkships
Michael Parrish <u>Michael.C.Parrish@hofstra.edu</u> Work: (516) 463-7531 Fax: (516) 463-5547	Program Manager, Ambulatory Clerkships

## **ICE Site Directors**

Site	Site Directors			
LIJ Valley Stream	Richard Schwarz, MD			
	RSchwarz@northwell.edu			
	718-470-7858			
Forest Hills	Isabella Park, DO			
	ipark1@northwell.edu			
	(718) 830-4001			
Glen Cove	John Sheehy, MD	James Mumford, MD		
Hospital	jsheehy@Northwell.edu	JMumford@northwell.edu		
	(516) 676-7116	(516) 674-7619		
Huntington	Michael Grosso, MD	Danielle O'Shaughnessy, MD		
Hospital	MGrosso@Northwell.edu	DOshaugh@Northwell.edu		
	(631) 351-2609	(631) 273-3080		
Plainview	Olawumi Babalola, MD	Evangelos Loukas, MD		
Hospital	OBabalol@Northwell.edu	ELoukas@northwell.edu		
South Shore	Neubert Philippe, MD	Jeetinder Gujral, MD	Giancarlo De Carolis, MD	
University	nphilippe@Northwell.edu	jgujral@northwell.edu	gdecarolis@northwell.edu	
Hospital	(631) 968-3295	(631) 708-5921	(516) 672-4024	

# **INITIAL CLINICAL EXPERIENCE: OVERARCHING GOALS & OBJECTIVES**

GOALS: In the ICE program, the student:

- Experiences meaningful hands-on patient encounters in the context of community-based clinical practices.
- Builds longitudinal relationships with patients, preceptors, peers and the interprofessional healthcare team.
- Actively participates in first encounters with patients with undifferentiated clinical conditions and others with chronic conditions that evolve over the first 100 weeks.
- Integrates, both intellectually and practically, classroom work in the basic and social sciences with the care of individual patients and of populations.
- Experiences the "system" in action through the eyes of patients.

#### **OBJECTIVES:**

#### Patient Care (PC)

By the end of ICE, the student will be able to:

- 1. Assess and begin to develop an approach to diagnosing patients who present to the ambulatory setting;
- 2. Appreciate uncertainty in the diagnostic process;
- 3. Perform comprehensive histories, inclusive of Functions 1 and 2, as well as Hofstra "Core" physical exams;
- 4. Begin to perform problem-focused histories and physical exams;
- 5. Perform a mental status exam;
- 6. Follow-up on patient results of basic labs and additional tests;
- 7. Begin to select common laboratory and radiologic tests in a diagnostic work-up;
- 8. Interpret lab and other test results under supervision;
- 9. Demonstrate basic skills in patient education;
- 10. Define preventive measures in the ambulatory setting;

#### Medical Knowledge (MK)

By the end of ICE, the student will be able to:

- 1. Describe the pathophysiology, expected clinical findings, differential diagnosis, risk factors, and management of the conditions listed above under "Patient Care."
- 2. Describe indications, dosage, contraindication, and side effects of commonly used medications in the ambulatory care setting;
- 3. Describe the variables that account for diversity of presentation, including gender, genetics, age, and duration of illness;
- 4. Use deductive reasoning to solve basic clinical problems (i.e. clinical reasoning)
- 5. Describe the indications, contraindications, and cost-effectiveness of common diagnostic and therapeutic modalities;
- 6. Describe the operating characteristics (sensitivity, specificity, positive and negative predictive values, and likelihood ratios) for diagnostic tests;
- 7. Explain the rationale/justification of the management of patients.

#### Interpersonal and Communications skills (IPCS)

By the end of ICE, the student will be able to:

- 1. Communicate effectively with patients, family members, and other members of the health care team;
- 2. Identify cultural forces and communication issues affecting each patient's care;
- 3. Demonstrate a compassionate and nonjudgmental approach when caring for patients;
- 4. Present cases in both oral and written formats in a complete and organized fashion;
- 5. Frame a question for a referral to another physician;
- 6. Educate and ensure patients' comprehension of their medical conditions including diagnostic, therapeutic and preventative plans.

#### Systems-based Practice (SBP)

By the end of ICE, the student will be able to:

- 1. Define "quality" in terms of patient care;
- 2. Assist patient and families in dealing with system complexities;
- 3. Begin to understand and navigate different systems of care along the healthcare continuum;
- 4. Understand the roles and expertise of the various interdisciplinary team members within the ambulatory setting and when to call on them for help;
- 5. Appreciate how cost plays a role in the care of a patient; and
- 6. Recognize the systems of care of a patient during off hours.

#### Practice-based Learning and Improvement (PBLI)

By the end of ICE, the student will be able to:

- 1. Use information technology to access background and foreground resources and selfdirected learning in the care of patients;
- 2. Develop a question in the PICO format in the care of patients;
- 3. Reflect on his or her performance and be responsive to feedback;
- 4. Appreciates the role of quality and safety in the care of patients;
- 5. Recognizes the scope and potential for medical error and considers approaches to reducing them.

#### Professionalism (PROF)

By the end of ICE, the student will be able to:

- 1. Adhere to the Hofstra "Student Code of Conduct"
- 2. Provide and be receptive to feedback.

#### Research and Scholarship (RS)

By the end of ICE, the student will be able to:

- 1. Identify conflicting views presented in different texts and sources of information;
- 2. Investigate different sources of information in order to assess which is likely to be more accurate to address questions related to normal physiology, disease pathogenesis, public health, and health care delivery;
- 3. Begin to interpret data and adjusts hypotheses based on conflicting/contradictory evidence;
- 4. Appreciate the potential of conflict-of-interest to evaluate research studies and media.

#### Population Health (PH)

By the end of ICE, the student will be able to:

- 1. Identify appropriate channels to report infectious diseases, emerging diseases and side effects, as well as public health concerns;
- 2. Appreciate the importance of an individual's culture or community in caring for a patient (i.e. cultural competence);
- 3. Appreciate socioeconomic barriers;
- 4. Appreciate the cultural and linguistic needs of patients, including appropriate use and documentation of interpreter services.

Through a Learning Associated with Teaching Program, we offer CME and MOC (for ABP and ABIM) through medical education offered through the JiTT (Just in Time Teaching Tips) app. These JiTT's provided concise teaching tips in infographic form)



We will provided detailed instructions throughout the year. Below is a summary of the process:

- Step 1: Download JiTT app
- Step 2: Review identified JiTTs will enhance your skills as a preceptor when working with students
- Step 3: Pick at least 5 JiTTs to go through and utilize those skills with your student throughout the year
- Step 4: Fill out the Qualtrics Survey & Attestation Form to claim credit

# **GETTING STARTED: ASSIGNMENT AND CONTACTING YOUR STUDENT**

\*Please make sure that any changes to your office location, contact #, and/or hours are communicated to the ICE Team

Next steps:

- 1. **Email**: Michael Parrish, ICE Program Manager, will send you an email with your student's name and contact information
- 2. **Contact Student**: When you receive your letter, you will be asked to reach out to your student and finalize plans for his/her first visit to your office
- 3. First visit: Make arrangements for the 1<sup>st</sup> visit with your student

# DAY 1 IN YOUR OFFICE: FIRST VISIT

Day 1 will set the tone for your student's experience. The following are recommended as an orientation to the office:

- Spend time getting to know your student. Where is he/she from? What prior experience has he/she had? What is his/her personal goal? What is he/she worried about?
- Introduce your student to <u>everyone</u> in the office. The student is now a part of your practice!
- Exchange contact information: what is your PREFERRED mode of contact? Cell phone, text, email, telephone, office manager?
- Show him/her a place to stay and a place to keep his/her personal belongings.
- Discuss the usual flow of the afternoon.
- State your expectations:
  - Arrival time and departure time
  - o Documentation procedures within office
  - Follow-up of patients seen
  - What protocol you would like your student to follow if they happen to be late or will be missing ICE all missed ICE sessions must be made up
    - If a student needs to change more than 2 sessions, they must inform Michael Parrish of why a 3<sup>rd</sup> change is needed as well as discuss with you any issues that may be prompting a need to change.

## SCHEDULES, OFFICE LOGISTICS & STUDENT CODE OF CONDUCT

#### Question: Will my student be coming every week?

No. Because each student will be interacting with several different community preceptors, he or she will be coming on a *schedule* which can be found <u>here</u>. A yearly schedule is distributed by mail and email by the School of Medicine's ICE office. The schedule details the week in which a student is scheduled within your discipline. *The specific day of the week in which a student is supposed to visit you is decided by you*.

In addition, you will receive a weekly email from the School of Medicine's ICE office reminding you that your student is scheduled within your discipline.

There are **2 Flex Weeks** in the MS 1 year and **3 Flex Weeks** in the MS 2 year. Please see the ICE calendars <u>here</u>. The students will be given the flexibility to schedule whichever ICE discipline they feel they need to improve on or are interested in. They may choose to gain additional experience in your discipline during these weeks (if you are okay with it).

A Flex opportunity is an 'elective' option for students where they can choose a specialty/ subspecialty field of interest and commit the designated time in a clinical setting where there will be delivery of patient care. (This does not include clinical research/research related time)

\*If you are uncertain if your experience counts as a flex opportunity, please refer to Dr. Sunita Cheruvu or Dr. Jill Leibowitz

# Question: What adjustments should I make in my schedule to accommodate my student?

Initially, we would recommend that you decrease the number of patients in your afternoon by 1-2. In time (and this will vary), we expect that the presence of the student will NOT hold you up. We expect that your student may, in fact, help you. Your student will be able to screen patients as to the reason for the visit, begin to obtain a medical history, and report back to you succinctly.

#### **Question: Is there a policy on Faculty Supervision?**

To ensure patient, provider, and student safety, the Zucker School of Medicine ensures the presence of qualified faculty members for the teaching, training and on- and off-site supervision of students during required clinical activities. Faculty members are empowered to determine the level of appropriate supervision for medical student patient care duties.

o https://medicine.hofstra.edu/policy/policy-clinical-supervision.html

#### Question: Will my student spend any time with the rest of the office staff?

Beyond caring for patients, you also run a practice and your student is part of that practice. As such, we expect the students to be part of the office experience as well. In a way that complements the student's classroom curriculum, your student will be expected to spend time with other people in your office, including:

- Nurses and physician extenders to understand immunizations, vital signs, chief complaints, screening, etc.
- Medical assistant/Lab tech to learn about procedures including but not limited to phlebotomy, vaccines/shots, EKG's, PFT's, etc.

- Medical billers to learn more about health care financing
- Front desk to learn more about the check-in and check-out process

## **ICE ATTENDANCE CARD**

After each ICE session, the student will ask to get your initial on an *Attendance Card*. Any date missing an initial will be counted as an ICE absence. <u>This card serves as their attendance for ICE</u>.

Please sign off on your student's attendance card the day of their ICE session. Email confirmations of their attendance will not be accepted.

#### Question: Is there a code of conduct that the students must adhere to?

Yes, there is a student code of conduct that we expect all students to adhere to. It is outlined below:

## **Student Code of Conduct**

#### For Medical Students Participating in the Initial Clinical Experience (ICE)

#### When working with my preceptor, I will:

- Arrive promptly.
- Accurately represent my position and role as a student.
- Appreciate the limits of my role as a student.
- Respects patients' rights to refuse to have students present.
- Treat all patients, others accompanying patients, and staff with respect and dignity, regardless of age, gender, race, ethnicity, national origin, religion, disability, or sexual orientation.
- Maintain strict confidentiality and privacy about patient information.
- Maintain honesty and integrity by being forthright in my interactions with patients, peers, physician supervisors and staff.
- Ensure patient safety by remaining at home if I am ill; I will notify my preceptor of <u>ANY</u> <u>absence</u> with the understanding that I will make up all absences.
- Report concerns about patient safety to my preceptor.
- Behave in an appropriate, professional, courteous manner at all times.
- Not initiate or accept patients' invitations to engage in social or social media relationships.
- Dress and act professionally.
- Not abuse drugs or alcohol.
- Be aware of and follow the guidelines of the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell and of the setting in which I am a student.

Adapted from: https://www.aamc.org/download/356316/data/shadowingguidelines2013.pdf

#### Question: What are the characteristics of the "right" patient?

The "right" patient is simply a patient who is willing to share his/her story with the student and to have the student participate in his/her care. Patients need to understand that as their physician, you will continue to provide the same level of care which you always have, but that you now have an "apprentice" who will learn best by doing, not by watching. Your student is a new member of your patient's health care team, please take the lead in introducing your student to the patient.

## **ICE CLINICAL LEARNING OBJECTIVES**

# Question: Are there specific ICE clinical learning objectives the student should complete?

The clinical learning objectives are closely knit with the classroom content your student will be learning in the course that they are in. This was done to provide curricular alignment and therefore make their clinical experiences more relevant.

The learning objectives will be presented to the students by course so that they can complete in whichever discipline of ICE it is applicable to. The students are responsible for completing/meeting these objectives within the course since they will be assessed on these same objectives during their final exam week (RIA week) at clinical skills. Please see Appendix C for the complete list by course. You will note that some objectives are repeated in subsequent courses and can be considered a core skill for ICE. The same clinical learning objectives have also been organized by ICE discipline, which you will find here.

The following is a visual that illustrates this realignment.









#### **Question: How should I introduce my student to my patient?**

This may seem obvious, but the introduction should ALWAYS come from you. Let the patient know that your student is working with you for the year and will become a member of their health care team.

## Question: How should my student document their patient interactions?

Students should be encouraged to document their encounters with patients within your charts (depending on your EHR capability). If your EMR does not allow student input, they should be encouraged to either hand write or type a note that you can review. You should review all student documentation and co-sign (when applicable). In addition, students will be expected to document patients seen in a "patient log" that the School of Medicine will review. You will NOT have to countersign any of these "patient log" notes.

# **EDUCATIONAL PASSPORT/EXPECTATION GRID**

# Question: How can I track which ICE clinical learning objectives the students have/haven't seen?

There are two ways you can track the clinical learning objectives. The students have access to their patient logs which tracks the ICE Clinical Learning Objectives they have seen to date in a format known as an **expectation grid**. Periodically, you should ask your student to pull up his/her expectation grid from *One45* (program used by students to enter their patient logs) to follow-up on the Clinical LOs they are yet to see. In addition, we have they student has a hard-copy **educational passport**, which will track the objectives they have seen by course. If you choose to look at either, it is best to ask the student which one is most up to date (their expectation grid or the educational passport).

#### Question: What is the purpose of the Educational Passport?

The Educational Passport is for the student's self-directed tracking of objectives/tasks completed during ICE. This passport will provide **structure to their ICE experiences** by mapping objectives matched with their classroom content, allow the student to **keep inventory** of completed objectives for self-reflection/self-critique and serve as a real time live document to track their encounters/experiences.

# Question: When should the student check off an objective in their educational passport?

Checking a box indicates your student has:

- a) **practiced** the item
- b) reflected on their personal performance
- c) identified areas for improvement

#### **Question: Who reviews their Educational Passport?**

This passport will be reviewed by their:

- a) ICE preceptors any opportune time
- b) Site Directors at the 1:1 site director meetings

Please sign your student's passport anytime you review their completed objectives in the section labeled "Faculty Check-In"

# Question: Does the preceptor have to sign-off on EACH completed clinical learning objective?

No. The passport is a self-report for the student's records.

# Question: The student was unable to complete all the learning objectives within the course, what should they do?

Some suggestions are to clarify with your student which clinical learning objectives (CLOs) are remaining so you can facilitate opportunities within the course. If they complete the course with outstanding CLOs, they are expected to complete these CLOs in addition to the list of CLOs of the subsequent course.

## **TYPES OF PATIENT EXPERIENCES**

#### **Question: What constitutes a typical afternoon schedule?**

Each week, students are scheduled to spend an afternoon in one practice, preferably from 1-5pm (2-6pm is also acceptable). You should already be aware of the weeks of the year in which your student is scheduled for your discipline based on the yearly calendar emailed to you (See schedule <u>here</u>).

During each afternoon, we expect the students will see two types of patients:

- *New Visit (Full history and physical*): complete history and performance of a physical exam. Consider directing the student to a "new" patient for this type of encounter.
- Focused visit: Please see below...

#### **Episodic Care: Full History and Physical**

During each half-day session in the office, a student should see *at least* one patient comprehensively, meaning that the student should have enough time with a patient to obtain a complete history and perform a physical exam. Based on our experience, many preceptors suggest that patients seen as **"new"** are ideal for this type of encounter, though certainly, many patients are happy to share their stories with students.

#### **Episodic Care: Focused Visit**

In addition to a comprehensive encounter, students should also have the opportunity to see multiple patients for shorter, focused encounters. What the student accomplishes in these shorter encounters should mirror what you would accomplish with the patient. For example, the student may assess a patient after beginning a medication regimen for hypertension.

#### **Longitudinal Patients**

One of the most important relationships that we expect will evolve during ICE is that of the student with his or her longitudinal patient(s). ICE affords students the opportunity to capture and cultivate that relationship. Several patient types have been specifically selected to allow students to experience a spectrum of clinical conditions that evolve over the first 100 weeks. At a *minimum*, these include:

FIRST YEAR STUDENTS			
Longitudinal Patient	Discipline	Initial Encounter	
An elderly patient with multiple medical problems	Medicine	October	
A pregnant woman ideally in 3 <sup>rd</sup> trimester	OB/GYN	October	
A patient requiring surgery (pre-op, operative and post-op encounters)	Surgery	January	
A patient with a cardiovascular, pulmonary, or metabolic issue	Medicine	January	
SECOND YEAR STUDENTS			

A	new	born	baby	
---	-----	------	------	--

The intention is that students understand the healthcare system through the eyes of their patients, which goes beyond the medical aspects of care. Therefore, the longitudinal patient holds a great level of importance in ICE. A longitudinal experience is defined as a patient having been seen in at least two different settings and/or at a follow-up visit. Students should plan to follow these patients as closely as possible.

## Longitudinal Patients: "Whole Illness Episode"

Longitudinal care can occur over a period of time but can also occur over the span of an illness. For instance, if a student were to see a patient in the office for evaluation and treatment of otitis media and was scheduled to return for follow-up, it would be optimal for the student to return when the patient does. We encourage students to interact with office staff to ensure that a follow-up visit is scheduled when he/she is planned to be at your office for a session. This allows the student to experience the "system" in action through the eyes of the patient. This also provides the student with a role in caring for a patient that is distinct from yours; (s)he becomes an important member of the patient's "health care team".

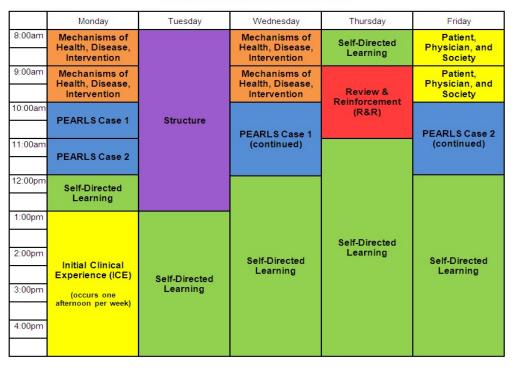
# Question: When will my student have time to see his or her longitudinal patient outside of the usual afternoon session?

The student has class time scheduled for approximately 22 hours per week. Outside of that time, students have "self-directed" learning time (green blocks on the schedule below) during which they are free to see patients. In conjunction with the Directors of ICE, the students will decide which visits to prioritize and when it is ever appropriate to miss class time.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am	PEARLS Case 1	Self-Directed Learning	PEARLS Case 1		PEARLS Case 2
9:00am	PEARLS Case 2	Review & Reinforcement           Mechanisms of (R&R)	(continued)		
10:00am	Health, Disease,		Patient, Physician, and Society		
11:00am	Mechanisms of Health, Disease, Intervention		Mechanisms of Health, Disease, Intervention	-	Patient, Physician, and Society
12:00pm	Self-Directed Learning				
1:00pm 2:00pm	Initial Clinical	Self-Directed Learning	Self-Directed		Self-Directed
3:00pm	Experience (ICE) (occurs one afternoon per week)		Learning	Self-Directed Learning	Learning
4:00pm					

#### Sample Weekly Schedule for MS1

#### Sample Weekly Schedule for MS2



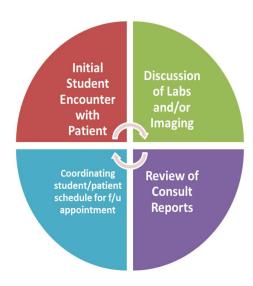
**Question: How can I facilitate patient follow-up for the student?** 

Patient follow-up is key in the practice of medicine. When a student has an encounter with a patient, there are many opportunities that you can use to facilitate "closing the loop" in regards to that patient. The following image represents a few ways this can be done.

Patient f/u to the student after the initial encounter can be provided in multiple ways to facilitate "closing the loop":

- $\cdot$  Reviewing ordered labs and /or imaging
- Discussion of recommendations made by consultants
- Coordinating a f/u appt. with the patient and student

#### **Patient Follow-Up Loop**



# **ICE CLINICAL LEARNING OBJECTIVES**

To offer guidance in patient selection in your office setting, the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell suggests that students have patient encounters in which they can meet/complete the following clinical learning objectives/tasks over the course of the first 100 weeks of medical school. Please note that it is an expectation that all procedures are done under observation. Students will be entering this information into their "Patient Logs" and will be given periodic feedback.

A longitudinal experience is defined as a student having more than two clinical encounters with a patient separated from one another by either a change in venue and/ or a follow-up visit. It is intended to span the patient's health continuum from pre-diagnosis through diagnosis and management.

## PATIENT SELECTION FOR MEDICINE INITIAL CLINICAL EXPERIENCE

#### **ICE Medicine Clinical LO's**

Over the course of the year, we expect that students will interview and examine patients in order to meet/complete the following clinical learning objectives/tasks:

- 1. Obtain a Complete History with Agenda Setting
- 2. Obtain a History of Present Illness
- 3. Obtain a Full Social History including SDOH
- 4. Generate a Differential Diagnosis
- 5. Observe Delivery of Emotionally Challenging News
- 6. Conduct a Core Physical Exam
- 7. Conduct a Thyroid Exam
- 8. Conduct a Pelvic Exam (Predominantly done in OB/GYN)
- 9. Conduct a Breast Exam (Predominantly done in OB/GYN)
- 10. Document a History of Present Illness
- 11. Identify a Screening Test for a Patient to your Preceptor using healthfinder.gov/myhealthfinder
- 12. Obtain an Interval History
- 13. Obtain a Nutrition History
- 14. Obtain a Nutrition History and Identify an Area for Intervention
- 15. Observe/Conduct a Pre-Operative Assessment (Predominantly done in Surgery/ObGyn)
- 16. Observe/Conduct a Post-Operative Assessment (Predominantly done in Surgery/ObGyn)
- 17. Provide Counseling to a Patient with Diabetes
- 18. Use Teach-Back with a Patient when Providing Patient Education
- 19. Conduct a Hypothesis Drive Physical Exam for a Patient with Diabetes
- 20. Conduct an Abdominal Exam
- 21. Administer a Depression Screen PHQ-2/9
- 22. Obtain Manual Orthostatic Blood Pressure Measurements
- 23. Administer an Audit Screen (SBIRT)
- 24. Educate a Patient on a New Rx
- 25. Perform Medication Reconciliation and Adherence

- 26. Assist your preceptor in writing a Rx
- 27. Discuss Smoking Cessation with a Patient
- 28. Create a Brief Action Plan (BAP)
- 29. Conduct a Cardiac Exam
- 30. Conduct a Pulmonary Exam
- 31. Document a Physical Exam
- 32. Screen for Domestic Violence

# PATIENT SELECTION FOR OB/GYN INITIAL CLINICAL EXPERIENCE

#### **OB/GYN ICE Clinical LOs**

Over the course of the year, we expect that students will interview and examine patients in order to meet/complete the following clinical learning objectives/tasks:

- 1. Obtain a Complete History with Agenda Setting
- 2. Obtain a History of Present Illness
- 3. Obtain a Full Social History including SDOH
- 4. Generate a Differential Diagnosis
- 5. Observe/Conduct a Pre-natal/Post-partum Assessment
- 6. Observe Delivery of Emotionally Challenging News
- 7. Conduct a Core Physical Exam
- 8. Conduct a Thyroid Exam
- 9. Conduct a Pelvic Exam
- 10. Conduct a Breast Exam
- 11. Document a History of Present Illness
- 12. Identify a Screening Test for a Patient to your Preceptor using healthfinder.gov/myhealthfinder
- 13. Obtain an Interval History
- 14. Obtain a Nutrition History
- 15. Observe/Conduct a Pre-Operative Assessment
- 16. Observe/Conduct a Post-Operative Assessment
- 17. Provide Counseling to a Patient with Diabetes
- 18. Use Teach-Back with a Patient when Providing Patient Education
- 19. Conduct a Hypothesis Driven Physical Exam for a Patient with Diabetes
- 20. Conduct an Abdominal Exam
- 21. Observe a Delivery (NSVD/C-Section)
- 22. Administer a Depression Screen PHQ-2/9
- 23. Complete a Healthcare Proxy
- 24. Observe a Surgical Procedure
- 25. Administer an Audit Screen (SBIRT)

# Over the course of the obstetrical and gynecologic ICE experience we would hope a student will be able to:

- Interview and examine patients in the office
- Be exposed to a variety of obstetrical and gynecologic patients:
  - Well women screening exams
  - o Gynecologic problems as they present themselves
  - Obstetrical patients presenting for routine pre-natal care
  - Obstetrical patients presenting with a complaint or problem
- Attempt to identify and follow a longitudinal obstetrical patient, affording the opportunity to participate in the delivery (for which they can miss mandatory class time).
- Participate in the care of an obstetrical patient on the labor and delivery unit
  - $\circ$   $\;$  Observe and/or participate in a C-section and normal delivery
  - Observe the initial evaluation of the newborn
- Participate in the care of the patient in the gynecology surgery unit
  - Observe a laparoscopy
- Understand the common screening and diagnostic tests used in both obstetrics and gynecology, for example;
  - o PAP test
  - Endometrial biopsy
  - o Mammogram
  - o Ultra screen
  - o Amniocentesis
  - Level II sonogram
- Procedures that the student can be exposed to and/or develop the skill of:
  - Use of the Doppler to evaluate the fetal heart tones
  - Use of the speculum to facilitate a gynecologic exam
  - Ability to perform a PAP test
  - $\circ$  Use of trans vaginal sonography to augment the physical examination
  - Ability to perform a breast and pelvic exam

#### Surgery ICE Clinical LOs

#### Depending on a surgeon's practice, different chief complaints will be appropriate.

Over the course of the surgical experience, we expect that students will meet/complete the following clinical learning objectives/tasks:

- 1. Obtain a History of Present Illness
- 2. Generate a Differential Diagnosis
- 3. Observe/Conduct a Pre-Operative Assessment
- 4. Observe/Conduct a Post-Operative Assessment
- 5. Conduct a Core Physical Exam
- 6. Observe a Surgical Procedure with a Surgical Preceptor

# PATIENT SELECTION FOR PEDIATRIC INITIAL CLINICAL EXPERIENCE

Pediatric ICE Clinical LOs

Over the course of the Pediatric ICE experience, we expect that students will interview and examine patients in order to meet/complete the following clinical learning objectives/tasks:

- 1. Obtain a Complete History with Agenda Setting
- 2. Obtain a History of Present Illness
- 3. Obtain an Interval History
- 4. Obtain a Full Social History including SDOH
- 5. Generate a Differential Diagnosis
- 6. Educate a Patient on a New Rx
- 7. Obtain a Pediatric Developmental History
- 8. Obtain a Nutrition History and Identify an Area for Intervention
- 9. Interpret BMI Percentile on a Growth Chart
- 10. Conduct a Pediatric Physical Exam
- 11. Perform an Oral Patient Presentation
- 12. Conduct a Pediatric HEENT Exam
- 13. Document a History of Present Illness
- 14. Administer a HEEADSSS Screen + CRAFFT
- 15. Document a Pediatric Physical Exam
- 16. Identify a Screening Test for a Patient to your Preceptor using healthfinder.gov/myhealthfinder
- 17. Use of Health Education Material to Discuss recommended Vaccines with a Patient or Family

## **INITIAL CLINICAL EXPERIENCE: FACULTY DEVELOPMENT**

We are always looking for innovative ways to support your needs as a mentor to our students. Knowing how busy your practices are, we want to make it as convenient as possible for you to take advantage of the faculty development opportunities we offer. These include the following:

#### ⇒ Intro to ICE Video "Teaching in your Office"

This short video focuses on how an ICE session with a student should be structured. There are many vital components of ICE that are highlighted here including the oral presentation format taught at the SOM, SNAPPS.

The video can be accessed thru the following link: https://medicine.hofstra.edu/faculty/faculty-webinars.html

#### ⇒ Weekly Classroom Theme Emails

Weekly emails describing the classroom curriculum content of the week will be sent to the email address you have provided. Knowing the weekly theme enables you to integrate clinical medicine with the basic sciences from the classroom.

Look out for Faculty Development Resources on Weekly Email

➡ Learning Associated with Teaching Medical Students Program (CME/MOC Credits) Weekly emails describing the classroom curriculum content of the week will be sent to the email address you have provided. Knowing the weekly theme enables you to integrate clinical medicine with the basic sciences from the classroom.

#### ⇒ Webinars

Webinars have been found to be quite popular because of their convenience. Preceptors can participate in real time from their home or office. Once a webinar runs live, it is archived to our faculty development website and can be viewed at the following link: https://medicine.hofstra.edu/faculty/faculty-webinars.html

#### ⇒ Video of the Hofstra Core Exam

Though each of you has an established "head-to-toe" physical exam, our students learn the *Hofstra Core Exam*. To help both students and faculty, the *Hofstra Northwell Core Physical Exam* video has been created.

The video can be accessed thru the following link: https://youtu.be/tZkmMHJWWLY

#### Question: What are the characteristics of a great preceptor?

For your student, enthusiasm is key! Be enthusiastic about their participation and role model for them what you love about being a physician. Consider your student your apprentice and a critical member of your team. Please keep in mind that this early in their career, they model their behavior and actions after you. The experiences they obtain during this time will mold them for the rest of their career.

# Question: Should my student also have some opportunity to watch me when I'm seeing patients?

The answer is yes! Though we emphasize a "hands-on experience", we also know how important directed observation is in a student's growth. This is your time to direct your student toward what to watch. For example, you might say "watch me..."

- ...deliver bad news
- ... examine a patient's knee
- ...discuss results of the patient's stress test
- ...educate the patient about new onset diabetes
- ...educate the patient on lifestyle modifications

The list can go on and on and will depend on the patients

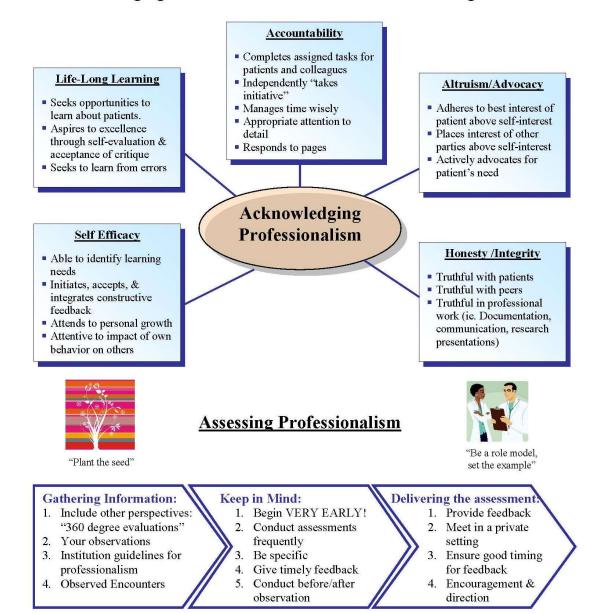
\*\*Be sure to discuss the observation with the student after he/ she watches you\*\*

#### Question: How often should I observe and give feedback to my student?

The simple answer is as often as possible after observing your student in any interaction. Please refer to the S-FED model below for a 4-step process in providing feedback.

## **Community Preceptor-Teaching Tips**

"Acknowledging Professionalism in Medicine & Providing Feedback"



# Bedside Teaching A Directed Observation Technique

#### **Pre-Observation**



ENGAGE LEARNERS IN VERY BUSY CLINICAL ENVIRONMENTS

Discuss with the learner what they would like to learn from an observation

Based on what the learner identifies & your knowledge of the patient, identify a directed observation learning point specific to the patient

Prime the learner by focusing on signs & symptoms relevant to the chief complaint

#### **Demonstration by** Faculty & Observation by Learner



**PROVIDE CARE** TO THE PATIENT Introduce yourself & the learner to the patient; clarify to the patient the learner will be observing the encounter

Conduct the encounter & demonstrate what was agreed upon

Think out loud, instruct the learner to pay attention to your communication with the patient

# Debrief Observation: Clarify the Learning Point

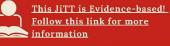
Ask the learner what they observed

Discuss the outcome of the encounter and re-iterate learning points

Leave time for questions, clarifications, identify a learner follow-up

POST OBSERVATION

LOOKING FOR MORE? GIVE A LISTEN ntent By: Alice Fornari, EdD ative Design by: Melissa Affa

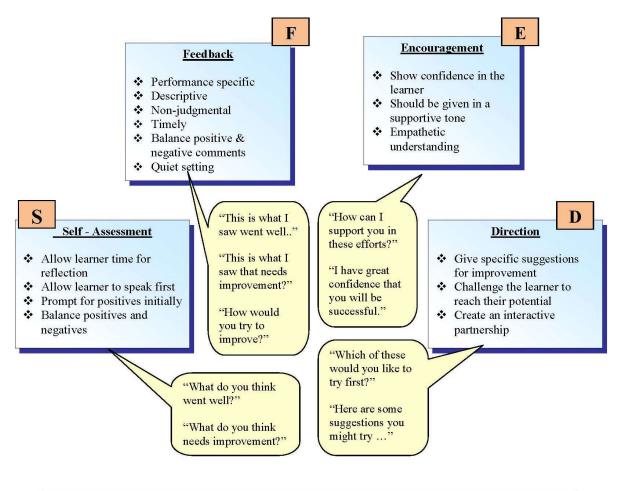


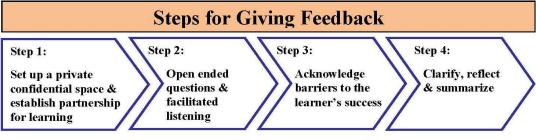
(CC) BY-NC-ND

31

# **Community Preceptor - Teaching Tips**

"Giving feedback the 'S'-FED Model"





Adapted from Bell, Hershey - Encouragement: Giving "Heart" to Our Learners in a Competency-tased Education Model (Farn Med 2007;35(1):13-5)). Supported by HRSA Grant, Contact Ellen Tattelman (etattelm@monteficre.org)

#### Question: How can I help my student to "think" as a doctor?

Our curriculum is one that values experience in action. Seeing patients in ICE enables students to integrate their classroom learning in the context of real patients.

Your job is encouraging and engaging them to THINK by constantly asking them this simple question:

#### **"WHAT DO YOU THINK?"**

We include this because people tend to doubt that a first- or second-year student will be able to "think like a doctor." We are convinced that if you ask the question, you will be very pleasantly surprised at the answer you get!

# Question: Will the student be expected to research the patients they encounter in ICE?

Yes. In every course, the students are given open-ended questions to complete on Fridays which are due by Sunday. These questions originate from the classroom content that was covered in the week. As of the 2018-19 academic year, we added the following question, which relates to ICE, on a weekly basis:

"Please create a learning objective from a patient you have seen in ICE. Formulate a response to your learning objective and note the source(s) you have used."

The question stem compliments their learning style of self-directed learning. Your vital role is as follows: the student will be instructed to discuss with you the learning objective they created with the answer they found from their research at their NEXT ICE session with you. There will be a place on the attendance card to verify with your initial that this discussion took place. At the end of the course, these cards are collected for both attendance and number of patient learning objective discussions.

The students may already be researching questions that come up with patients they see in ICE and they informally review their research with you. This process will just formalize it. Our hope is that it holds students accountable for researching about patients they see in ICE and provides the catalyst to begin the lifelong learning process of reading and learning about patients.

Question: Is there a certain number of required patient-based learning objective discussions for each course?

There are a certain number of required patient learning objective discussions for each course:

MS 1 YEAR: BI (Biological Imperative) – 4 FTB (Fueling the Body) – 5 HOM (Homeostasis) – 6 MS 2 YEAR: IE/HMI (Interacting with the Environment/Host Microbe Interactions)-8 HC (Human Condition)– 5

## PRESENTATION SKILLS

# STUDENTS WILL HAVE THE OPPORTUNITY TO PRESENT PATIENTS AT "ICE ROUNDS" at ZSOM in certain courses starting MS1 YEAR in FTB

# Question: Is there a preferred format for students presenting cases to me?

There is no preferred format for presenting cases to the preceptor. To promote THINKING skills, you *may* use the SNAPPS format.

#### Teaching rapidly – SNAPPS

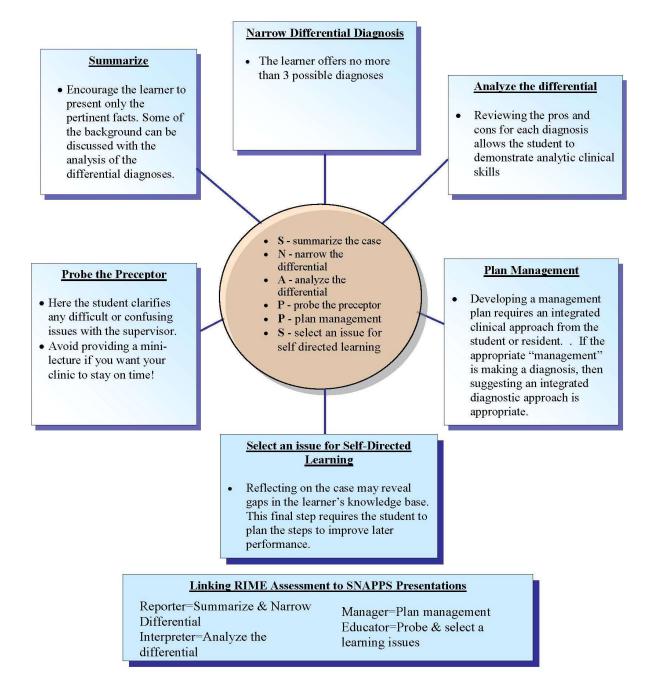
SNAPPS is a six step, student-driven approach to presenting a patient to the preceptor:

- 1. S: Summarize briefly the history and findings.
- 2. N: Narrow down the differential to two or three relevant possibilities.
- 3. A: Analyze the differential by comparing and contrasting the possibilities.
- 4. **P**: Probe the clinical teacher by asking questions about uncertainties, difficulties, or alternative approaches.
- 5. **P**: Plan management for the patient's medical problems.
- 6. S: Select a case-related problem for self-directed learning.



# **Community Preceptor Teaching Tips**

# **SNAPPS**



## Question: What is RIME and how does it apply?

The RIME model<sup>1</sup> is a reliable way to descriptively assess and provide feedback to medical students on their current skill level. RIME is a classification measure of a student's progression from that of a **R**eporter to Interpreter to **M**anager/ Educator. These identifiers guide your thinking when listening to students as they report a patient encounter and helps you guide their progression/ thinking.

- **Reporters** can accurately gather information through history taking and physical exam, and can accurately report the information through presentations or write-ups.
- **Interpreters** understand the clinical significance of the information obtained, and can generate a short differential diagnosis and prioritize problems.
- **Managers** can generate a reasonable diagnostic plan to deal with outstanding questions and a therapeutic plan to solve problems.
- Educators have risen to the level where they can identify knowledge gaps in themselves and in others and effectively fill those gaps.

In ICE, you will find that your students are working on all four levels simultaneously. At the beginning, they will be accurate **reporters**, but should be encouraged to **interpret** their findings and begin to think about how they would **manage** their patients. They should always be encouraged to **educate** themselves and their patients by identifying knowledge gaps.

1 Pangaro L. A new vocabulary and other innovations for improving descriptive training evaluations. *Acad Med.* 74:1203-7.

2 Alguire P, Dewitt D, Pinsky L, Ferenchick G. Teaching in your office: A guide to instructing medical students and residents, p.48. Philadelphia: American College of Physicians; 2001. Adapted from: <u>http://www.atsu.edu/kcom/preceptors/professional\_development/pdfs/rime.pdf</u>

# "RIME"

#### Assessing your Learnerthe **RIME** Concept Reporters Interpreters Accurately gather & Interpret the clinical data using • clearly communicate the reasoning & problem solving **R**-Reporters clinical facts of patients. Prioritization and construction of . **I-Interpreters** Hinges on ability to do a differential diagnosis **M-Managers** history & physical well Requires a higher level of Discern normal from knowledge & skill in selecting the **E-Educators** findings that support diagnoses in abnormal Label & identify a new the differential problem A transition for learner emotionally from "bystander" to Requires a sense of "active participant" in patient care responsibility & consistency when talking to patients RIME Managers . Manage the care of the patient, Educators anticipate outcomes and make Perform all RIME steps . independent decisions, understanding Learn in a self directed way, and the alternatives teach other learners . This calls for even more knowledge, Read deeply, go beyond the basics, define important questions confidence and judgment in deciding when action needs to be taken, and to research and share the results options for patients need to be selected with learners Insight into quality of evidence Understand & verbalize the patient's . and how to search for it & apply it situation and preferences to patient care Steps to RIME Linking Question Types to RIME **REPORTERS** will be most comfortable with • recall questions. **INTERPRETERS** will also be comfortable . with analysis/synthesis questions. • MANAGERS will also be comfortable with applications questions. EDUCATORS should link to questions .

\* HRSA Title VII supported grant - AECOM/Montefiore Medical Center

focused on self assessment.

## **QUESTIONS REGARDING ICE**

## Your three main resources are:

- Our ICE Program Manager: Michael Parrish. He can be reached at 516-463-7531 and email is <u>Michael.C.Parrish@hofstra.edu</u>. Michael can direct you to the right person in regards to your question.
- Our ICE Co-Directors: Sunita Cheruvu, MD <u>sunita.cheruvu@hofstra.edu</u> or Jill Leibowitz, MD – jill.a.leibowitz@hofstra.edu
- Your Site Directors

Problems??

Question: What if I believe that there is a mismatch between me and my student?

If you have ANY problems or concerns related to a student, the first person to whom you should reach out to is Michael Parrish and Drs. Cheruvu/Leibowitz. You can also contact the Site Director. The ICE Team will assist with problems/concerns you may have.

Absences/Lateness/SOM Closures

## Question: What do I do in case my student didn't show up for an expected ICE session in my office? Who should I contact? What if my student constantly arrives late for my session?

Contact your student if they do not show up for an expected session to ensure they are safe and inquire about their reason for missing ICE. If you are unable to get in touch with the student, contact either Michael Parrish (ICE Program Manager) or Dr. Sunita Cheruvu (Co-Director of Ambulatory Clerkships), who will then notify the student affairs office to contact the student. If you have lateness concerns with your student, please speak with them directly to provide feedback. If there is no change in their tardiness after your conversation, again, contact Michael Parrish.

# Question: Is the student expected to attend ICE if the SOM is closed due to weather?

If there is a weather-related closure of the school of medicine, the student <u>can't</u> attend ICE. They will have to re-schedule their session with you.

Please note: All missed ICE sessions must be made up.

Donald and B	arbara Zucker School of Medicine	
	at Hofstra/Northwell	

		C	octob	ber					No	vem	ber					Dec	emb	ber		
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Г
1	2	3	4	5	6	7				1	2	3	4						1	Г
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	ſ
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	
29	30	31					26	27	28	29	30			24/31	25	26	27	28	29	
_		1	anua	arv					Fe	brus	rv		2			N	larc			_
Su	Mo	Tu	We	Th	Fr	Sa					ebruary We Th Fr Sa			Su	Mo	Tu	We	Th	Fr	Г
u	1	7.	vve	4	5	6	Ju	INIO	TU	we	11	7	3	Su	IVIO	TU	we	m	-1	ł
7	8	9	10	11	12	13	4	5	6	7	8	9	10	3	4	5	6	7	8	ł
14	15	16	17	18	19	20	11	12	13	14	15	16	17	10	11	12	13	14	15	t
21	22	23	24	25	26	27	18	19	20	21	22	23	24	17	18*	19	20	21	22	t
28	29	30	31				25	26	27	28	29	-		24/31	25	26	27	28	29	t
			Apr	il						May	<u>;</u>									
Su	Мо	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa							
_	1	2	3	4	5	6				1	2	3	4							
7	8	9	10	11	12	13	5	6	7	8	9	10	11							
14	15	16	17	18	19	20	12	13	14	15	16	17	18							
21	22	23	24	25	26	27	19	20	21	22	23	24	25							
28	29	30	5 3		2		26	21	28	29	30	31								
										Key										
	Medio	ine			Surge	ery		1		RIA \	Veek	(Exa	ms)	*	Start	of ne	w cou	ırse		
OB/GYN Site Director Meetin				eeting			Holid	ay - M	No ins	struction	이 이 것 같아요. 그 이 것이 것은 것 같아요. 것은 것 같아요. 것은 것									
-	Flex We	ek (opt	ion of M	edicine,	OB/GYN	Surgery, ER	, Ambulanc						porate Med	icine, Anesth	iesia, or	House-	Call Visi	t)	_	_
			Chard -	1.6	Biele			Im	port	ant			and the F							ſ
ept	. 25		Start o (BI)	Course	e: Biolog	ical Imperati	Jan 2	2		Start o (FTB)	cours	e: Fuel	ing the Bod	Mar 9	9-17			g Bre		
ov	23-24		Than	ksgivi	ing		Jan 1	15		Mart	in Lu	ther	King Day	Mar 1	18			f Cours ostasis	200 - A	
ec l	8-14	Ĩ	RIA V	Veek	(Exam	s)	Feb	19		Presi	dent	s Day	1	May	27			norial	_	
ec :	16-Jan	1	Wint	er Bre	eak		Mar	4-8		RIA V	Veek	(Exa	ms)	May 2	28-Ma	ay 31	RIA	Neek	(Exa	π

## ICE | 2023-24

		. 1	Augu	ist			1	September						October							
Su	Мо	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	s
		1	2	3	4	5	1						1	2	1	2	3	4	5	6	
6	7	8	9	10	11	12		3	4	5	6	7	8	9	8	9	10	11	12	13	1
.3	14	15	16	17	18	19		10	11	12	13	14	15	16	15	16	17	18	19	20	2
20	21	22	23	24	25	26	1	17	18	19	20	21	22	23	22	23	24*	25	26	27	2
27	28	29	30*	31			5	24	25	26	27	28	29	30	29	31	31				
_		D.L.	oven	shar			1			Dee	emi		_	_					-		_
	Ma		_		<b>.</b>	6.0		6.11				_	Er.	6-	5	L Mar		inua	-	E.	
ŝu	Мо	Tu	We 1	Th 2	Fr 3	Sa 4	-	Su	Mo	Tu	We	Th	Fr 1	Sa 2	Su	Mo	Tu 2*	We 3	1h 4	Fr 5	S
5	6	7	8	2	10	4	1	3	4	5	6	7	8	9	7	8	9	10	11	12	1
2	13	14	15	16	17	18	•	10	11	12	13	14	15	16	14	15	16	17	18	19	2
9	20	21	22	23	24	25	•	17	18	19	20	21	22	23	21	22	23	24	25	26	2
26	27	21	22	30	24	25		24/31	10 25	26	20	21	22	30	28	29	30	31	2.0	40	-
9					- 1		-101 									_					
		F	ebru	ary						N	larc	n						Key	ŧ.		
iu	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa		Pedi	atrics	i i			
_	_	_		1	2	3							1	2		Med	icine				
4	5	6	7	8	9	10		3	4	5	6	7	8	9		Psyc	hiatry	1			
11	12	13	14	15	16	17		10	11	12	13	14	15	16	1000	Flex	Weel	k			
18	19	20	21	22	23	24	1	17	18	19	20	21	22	23		112203		tor Me		1	
25	26	27	28	29			1	24/31	25	26	27	28	29	30		RIA	Week	(Exa	ms)		
																Holid	lay - I	No ins	structi	on	
_									1		ant D					Start	of ne	ew col	urse		
	-		Start o	f Course	: Intera	ting	Sec.		mil				<b>,</b>							24.5 (S)	
ug		_	-		onment	(IE)	3-7-2	23-24		11034170	ksgiv			Jan 15				ither I	-	)ay	
ept		2	1101000	r Day	8	13		12-15	7		Neek	1000	ns)	Feb 19				's Day	- 276		_
ct 1	6-20				(Exam	12	Dec	16-Jan	1		er Br			Mar 15	-21	RIA	Week	(Exa	ms)		
ct 1	4		1000000	f Course tions (H	Host N	licrobe	Jan	In 2 Start of Course: Human Condition (HC)				- 2		Ú15							

## Question: What are the students learning in the classroom?

We think of the community preceptors' practices as being a clinical complement to the classroom. As such, it is important for you to understand the material on which they are focusing in the classroom for you to expose them to the best types of patients in the practice. In the School of Medicine's weekly email to you, you will receive a description of what the students are learning in the classroom. Discuss this with your student.

In the first year, the students participate in four courses: *From the Person to the Professional: Challenges, Privileges and Responsibilities (CPR), The Biologic Imperative (BI), Fueling the Body (FTB), and Homeostasis (HOM).* In the second year, the students participate in three courses: *Interacting with the Environment (IE), Host Microbe Interactions (HMI) and The Human Condition (HC).* The goals of each course are detailed below:

## ⇒ First Year Student Curriculum

	CPR		Bi			FTB				НОМ		
August	September	October	November	December	January	February	March	April	May	June		

## From the Person to the Professional: Challenges, Privileges and Responsibilities (CPR)

**CPR** is a course constructed upon the framework of the New York State Department of Health (NYSDOH) Emergency Medical Technician (EMT) curriculum. However, to be better suited to its central role within the first course of a medical school curriculum, the EMT curriculum has been intentionally expanded in its depth and breadth of content to include more advanced scientific and clinical concepts. Additionally, topics from each of the two longitudinal components, *Structure* and *Patient, Physician, and Society* as well as fundamentals of pharmacology are introduced and thematically integrated throughout the course.

## The Biologic Imperative (BI)

The Biologic Imperative integrates the process of proliferation at its two fundamental levels, the cell and the organism. Through a series of carefully crafted patient-based sessions, the course builds a story of how regulation of cellular proliferation controls both the growth of an individual and the ability of an individual to procreate. The course highlights the importance of the process of proliferation in disease, with each week introducing examples of pathogenic states resulting from aberrations in the process. Among these pathogenic states, a particular focus will be placed on neoplasia, the second largest cause of death in this country today.

## Continuity and Change: Fueling the Body (FTB)

FTB addresses topics in biochemistry and metabolism in the context of normal and abnormal nutritional and gastrointestinal function. Additionally, mechanisms by which function may be restored

or approximated when it is altered by disease are covered. The nutrition section discusses the micronutrients (vitamins and minerals) and macronutrients (carbohydrates, proteins and lipids) required for human health. The metabolic consequences of malnutrition and obesity are presented in the context of disorders.

The biochemistry component has two major threads. The first of these is protein structure and function, in which proteins are considered both as structural components of cells and tissues and as enzymes. The second thread is intermediary metabolism: the biotransformations of fuel molecules via catabolism and anabolism for the purpose of fuel generation and/or storage.

Functions of the gastrointestinal tract in health and disease are integrated in the gastroenterology section of the course. Study of the normal physiology of the components of this organ system and their roles in digestion and processing of food is integrated with exploration of the mechanisms by which important diseases disrupt gastrointestinal function.

## Continuity and Change: Homeostasis (HOM)

Homeostasis addresses the physiology of the cardiac, pulmonary and renal systems from the cellular to the organismic level. The interrelationships between the aforementioned systems in the maintenance of homeostasis are stressed. Complementary elements of the three curricular components, *Mechanisms of Health, Disease and Intervention, Structure,* and *Patient, Physician and Society* are thematically woven, matrix-style, into the course, through contextualized choices for the patients and situations presented in the PEARLS cases.

## ⇒ Second Year Student Curriculum

IE		HI	MI	нс				
September	October	November	December	January	February	March		

## Interacting with the Environment (IE)

Interacting with the Environment (IE) presents how the human organism, whose immune system coevolved with its microbial partners, maintains homeostasis. Normal immune function is contrasted to immune dysfunction including immune deficiencies, hypersensitivity, and autoimmunity. The dynamics of immune modulation are investigated by evaluating the pharmacology of immunosuppressive and anti-inflammatory medications. The clinical applications of immunology are further extended during an introduction to rheumatology, which is paired with the study of the musculoskeletal system. Students will be introduced to the core principles of dermatology crossing between dermatopathology and clinical diagnosis. Finally, students will be guided through how to communicate, examine and evaluate pediatric patients, aligning with their experiences in ICE.

## Host-Microbe Interactions (HMI)

Human-Microbe Interactions (HMI) explores the contribution of microorganisms to maintaining health and causing disease. The course begins with an overview of the fundamentals of bacteriology,

virology, mycology, and parasitology. Additional focus is placed on the role of the microbiome in maintaining human homeostasis. This is followed by a systems-based approach to covering infectious diseases. Emphasis is placed on the mechanisms by which pathogenic microbes evade the immune system and subvert normal host cellular functions. Pharmacological principles of antimicrobial therapy are covered throughout the course. HMI links to the next course, The Human Condition, by concluding with infections of the central nervous system.

## The Human Condition (HC)

HC provides an integrated presentation of the factors that make us uniquely human. The course covers the physiology, pharmacology, chemistry and anatomy of the central and peripheral nervous system from the cellular to the organismic level. The major topics in this course include normal and abnormal musculoskeletal, neural, and neuropsychiatric functions, all presented in the clinical context of health and disease, and with attention to the mechanisms by which function may be restored or approximated when it is altered by disease.

The major part of the course is a journey through the neuroaxis reviewing the structure and function of all brain regions. Also included is an examination of the normal and abnormal spine and spinal cord transitions to fundamental topics in neuroscience, ranging from neurocytology to synaptic physiology to CNS development. Additionally, pain medicine and basic principles of nervous system dysfunction and evaluation are addressed. The special senses section includes basic science and clinical topics related to our unique ability to physically perceive our environment. Normal and abnormal functions of vision, hearing, balance, sinuses and olfaction, and speech are considered.

An important component of the course is the neuropsychiatric section, which focuses on how we process information mentally and respond behaviorally. Neurologic disorders are generally presented by etiologic category (including disorders of motor, vascular, traumatic, neoplastic causation) or by symptom (e.g., dementia, headache, hypotonia). The approach to psychiatric function and illness begins with basic principles of psychiatry and human mental development, and transitions into specific groups of psychiatric disorders, presented both from a clinical diagnostic and interventional perspective and with attention to what is known about the underlying pathophysiology of these disorders.

Course	History, Communication and Clinical Reasoning Skills	Physical Exam	Procedures/Screens/Documentation
81 Oct-Dec fied (IM/Fh Ob-Gyn	2	Conduct a Core Physical Ezam (P) Conduct a Thyroid Exam Conduct a Pelvic Exam Conduct a Breast Exam	Document a History of Present Illness (HPI) (P) Identity a Screening Test for a Patient to your Preceptor using healthfinder.gov/myhealthfinder Screen for Domestic Violence
FTB Jan-Mar fed (IM/FN Ob-Gyn Surgery	FTB         Obtain a Complete History with Agenda Setting (P. Conduct a Hypothesis Driven Physical Exam           Jan-Mar         Obtain a History of Present Illness (HPI) (P)         Conduct a Hypothesis Driven Physical Exam           Jan-Mar         Obtain a History of Present Illness (HPI) (P)         Conduct a Hypothesis Driven Physical Exam           Jan-Mar         Obtain a History of Present Illness (HPI) (P)         Conduct a Hypothesis Driven Physical Exam           Jan-Mar         Obtain a History of Present Illness (HPI) (P)         Conduct an Abdominal Exam           Obtain an Interval History ID         Conduct an Abdominal Exam         Conduct an Abdominal Exam           Generate a Differential Diagnosis (P)         Conduct an Abdominal Exam         Conduct an Abdominal Exam           Generate a Differential Diagnosis (P)         Conduct an Abdominal Exam         Conduct an Abdominal Exam           Generate a Differential Diagnosis (P)         Conduct an Post-Operative Assessment         Conduct an Post-Operative Assessment           Current Provide Counseling to a Patient with Diabetes         Use Teach-Back with a Patient when Providing Patient         Conduct Patient	Conduct a Core Physical Exam (P) Conduct a Hypothesis Driven Physical Exam for a Patient with Diabetes Conduct an Abdominal Exam	Document a History of Present Illness (HPI) (P) Observe a Delivery (NSVD/C-Section) Administer a Depression Screen PHQ-2/9 Observe a Surgical Procedure with a Surgical Preceptor Administer an Audit Screen (SBIRT) Administer an Audit Screen (SBIRT) Identify a Screening Test for a Patient to your Preceptor using healthfinder.
HOM Mar-May	HOM       Obtain a Complete History with Agenda Setting (P' Conduct a Core Physical Exam (P)         Mar.May       Obtain a History of Present Illness (HPI) (P)       Obtain Manual Orthostatic Blood Pressure         Mar.May       Obtain a History of Present Illness (HPI) (P)       Obtain Manual Orthostatic Blood Pressure         Obtain an Interval History (P)       Conduct a Cardiac Exam         Obtain a full Social History including SDOH       Conduct a Pulmonary Exam         Generate a Differential Diagnosis (P)       Conduct a Pulmonary Exam         fed (IM/FW Perform Medication Reconciliation and Adherence       Obtain a rea for Intervention         Assist your preceptor in writing a Rx       Adherence	Conduct a Core Physical Exam (P) Documents Obtain Manual Orthostatic Blood Pressure Measurements Conduct a Cardiac Exam Conduct a Pulmonary Exam	Document a History of Present Illness (HPI) (P) vasurements Document a Physical Exam Identity a Screening Test for a Patient to your Preceptor using healthfinder.gow/myhealthfinder Identity a Screening Test for a Patient to your Preceptor using healthfinder.gow/myhealthfinder
IE/HMI Sept-Dec		ICE II Conduct a Pediatric Physical Esam (P Conduct a Pediatric HEENT Exam	<ul> <li>Document a History of Present Illness (HPI) (P)</li> <li>Administer a HEEADSS Screen • CRAFFT</li> <li>Document a Pediatric Physical Exam</li> <li>Identity a Screening Test for a Patient to your Preceptor using healthfinder.gov/myhealthfinder</li> <li>Use Health Education Material to Discuss Recommended Vaccines with a Patient or Family</li> </ul>
HC Jan-Mar Psychiatry		Conduct a Core Physical Exam (P) Conduct a Mental Status Exam (P) Conduct a Neurologic Exam	Document a Historg of Present Illness (HPI) (P) Document a Mental Status Exam (P) Document a Physical Exam

## **APPENDIX C: EDUCATIONAL CLINICAL LEARNING OBJECTIVES BY COURSE**

Appendix D: Example of SNAPPS Presentation

Summarize '	Student Presents: "This is a 20 year-old college student with sore throat and fever for one week. He was in clinic four days ago and had a negative rapid test for Group A Strep. He	Rationale: The rationale for sticking to a summary is NOT to avoid thoroughness – the student still needs to obtain all the
2 7 8	was in clinic four days ago and had a negative rapid test for Group A Strep. He	
1	negative rapid test for Group A Strep. He	thoroughness-the student still needs to obtain all the
٤		
		data.
C	says he feels worse now. There is no	
	cough or other symptoms. He is	The point is to focus on what's relevant and to leave time
(	otherwise generally healthy.	for the rest of the presentation
i	His temperature here is 39C, HR 90, RR	
-	16 and BP 100/70. His pharynx is	
e	erythematous and there are white	
e	exudates on his tonsils. Several cervical	
1	lymph nodes are enlarged.  I couldn't feel	
1	his spleen or liver and the rest of his	
e	examination was normal.	
Narrow the '	"I suppose this could be a routine viral	Again, the student is required to FOCUS. A "complete
possibilities	sore throat, or maybe a Strep infection	differential diagnosis" can be copied out of any textbook of
(	despite the lab result. What I really think	primary care, but our goal is to approximate the way
1	he has, though is Mono	clinicians actually approach the task of diagnosis
Analyze the '	"Well, I think pharyngitis can be caused	The student makes his thinking visible. This helps the
differential d	by a variety of respiratory viruses, but	preceptor understand what the student already knows
ı	usually there are other symptoms and the	and where he may benefit from more direction and study.
ε	sore throat is better in less time. Even	
ı	untreated Strep throat is usually better	
ı	within a week, though I'm not sure about	
t	thatthe exudate and ongoing symptoms	
ε	sound most like infectious mono	
Probe the '	"Tm not sure about finding an enlarged	This step invites the active learner to access the expertise
preceptor e	spleen on physical examination. Can you	of the mentor in ways that he, the learner, feels are
٤	show me how you perform that part of the	helpful.
e	exam?	
Plan '	"I think we should send a throat culture,	The plan doesn't have to be correct, but does need to
management <sub>c</sub>	obtain a CBC and a serological test for	provide the student an opportunity to practicehow does
1	mono. I would encourage him to drink	diagnosis lead to a rational plan?
1	more but avoid alcohol.	
Select a '	"I want to learn more about the role of	Linking study and literature review to a specific patient's
case-related	different tests for identifying infectious	problem facilitates learning. Compare this with a
problem for further	mononucleosis	directive – in the absence of an actual case – to "read the
study		chapter on Infectious Mononucleosis!

## **APPENDIX E: ASSESSMENT**

## Question: When does assessment of my student occur?

As an ICE community preceptor, you will be asked to *formally* assess your student **towards the end of** an ICE experience for your specific discipline (except Surgery). The medicine preceptor assesses their student twice for the MS 1 academic year, while the rest only once. *This assessment is your student's grade and we greatly value your feedback and require that you complete this assessment in a timely fashion.* As of the 2019-2020 academic year, we will be incorporating a question addressing professionalism into the assessment. Please raise any concerns via this portion if you have not already done so via conversation/phone or in person meeting with the ICE team.

A sample assessment form has been included on page 46.

MS 1 Assessments: Medicine – January & May Ob-Gyn – February

MS 2 Assessments: Pediatrics – November

It is imperative that you discuss this assessment with your student for their further growth and **development.** In addition, if there's ever a time that you would like to discuss a student *informally*, please do not hesitate to contact the ICE Team.

Preceptor tips on acknowledging professionalism and a copy of the formal assessment can be found **on the next few pages**. Please review the sample assessment that will be sent to you as well as the form the students will fill out based on their experience with you. We have included an example of what a student will fill out for their Medicine preceptor. If you would like to review the form specific to your discipline please contact Dr. Sunita Cheruvu (sunita.cheruvu@hofstra.edu)

Your Student's Complete ICE Assessment occurs in the following ways:

- Preceptor Assessment of Student (as described above)
- Completion of all ICE Clinical Learning Objectives
- Completion of expected number of patient-based learning objective discussions with you, their preceptor
- Completion of the ICE sessions as determined by the attendance cards at the end of each course

## NOTE: the following assessments are subject to change during the 2022-23 academic year

×	of Medicine at Hofstra/Northwell First 100 Weeks	Evaluating : person (role) or i Dates : start date to end		name (if applicable)		
indicates a mandatory n	esponse					
CE Community	Preceptor Assessment	(Med/Ob/Peds)				
	at an exact copy of this completed form, incl	uding all comments, will be released to	your student	. As part of feedback, we	expect that you will discuss	this assessme
ease rate the following as	spects of the student:					
			Never	Sometimes	Most of the time	Always
1. This student is punctu	ıal		0	0	0	0
<ol> <li>This student community imails effectively)</li> </ol>	nicates effectively (i.e., calls ahead to sche	o	O	o	o	
3. This student gains co	nfidence and trust of the patient and fam	0	0	O	0	
4. This student is respec	ctful of patients and others accompanying	0	0	0	0	
5. This student demons	strates enthusiasm for learning		0	0	0	0
6. This student commu	nicates learning needs		0	0	0	0
7. This student demons	trates self-directed learning for questions	identified by student or preceptor	0	O	0	0
8. This student is proact	tive		O	0	O	0
9. This student works w	ell with the inter-professional team in the	e office	0	0	0	0
	behavior based on feedback.					
n/a (student never receive		Sometimes		Most of the time	Alwa	/S
o	c	o		o	o	
I. The student has had the	e opportunity to perform the discipline specifi No	ic (Pediatrics, Medicine, OB/GYN) ICE Cli Uncertain	nical Learning	objectives.	Yes	
	ñ	C			Ö	
vou responded "No" or "I	Incertain" to question 12, please describe why					
you responded two or u	incertain to question iz, please describe wity					

12. I have directly observed my student...

\*Taking a portion (or all) of the history.
No
Yes
\*Performing a portion (or all) of the physical exam.
No
Yes
\*Comments: In light of your answers above, please describe the student's strengths with examples.

\*Comments: In light of your answers above, please describe your suggested areas for improvement for this student.

13. The ZSOM seeks to develop medical students' professionalism. Professionalism at the ZSOM is measured through the following seven dimensions: Accountability, Aspiring to Excellence, Conscientiousness, Equanimity, Integrity, Patient-Centeredness, Teamwork.

Please describe any concerns regarding this student as a member of a patient care team:

\*I have discussed this evaluation with my student.  $\bigodot$  No  $\bigodot$  Yes

The following will be displayed on forms where feedback is enabled... (for the evaluator to answer...)

Page 1



DONALD AND BARBARA ZUCKER SCHOOL of MEDICINE Hofstra/Northwell AT HOFSTRA/NORTHWELL.

Donald and Barbara Zucker School of Medicine at First 100 Weeks

Evaluated : evaluator's By name Evaluating : person (role) or moment's name (if applicable) Dates start date to end date

\* indicates a mandatory response

## Student Evaluation of Initial Clinical Experience Preceptor: Medicine

\*My ICE site was:

• 800.

### My preceptor...

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
*1. Builds confidence in me	C	C	C	C .	0
*2. Provides opportunities to obtain a history from patients	C	О	С	C	0
*3. Encourages me to practice my physical exam skills on patients	C	С	С	C	0
*4. Directs me to observe specific features of clinical interactions with patients (i.e., "This patient is very angry; watch my interaction on how I query him")	o	C	c	с	С
*5. Probes my clinical reasoning around diagnosis and/or therapeutics (i.e., "What do you think?")	С	С	С	С	С
<ol> <li>Provides me with constructive feedback</li> </ol>	O	0	0	C	0
*7. Encourages self directed learning by following up at subsequent sessions	С	0	С	0	С
*8. I would recommend this physician continue as an ICE preceptor for future students	C	0	C	C	0
*9. The level of supervision was sufficient to maintain student and patient safety	С	C	c	o	O

If you responded "Neither Agree Nor Disagree", "Disagree", or "Strongly Disagree" to question 9, please describe why.

### PLEASE LIMIT YOUR COMMENTS TO YOUR OWN ICE EXPERIENCE

\*Comments about preceptor:

\*Comments about Medicine ICE:

Page 1

### **Available Resources**

\*10. I had access to secure storage space for my personal belongings during this ICE experience

Γ	Yes
Γ	No

If you selected "No", please explain

The following will be displayed on forms where feedback is enabled... (for the evaluator to answer...)

Page 2

## **Question: What is the Hofstra Core Exam?**

The *Hofstra Core Exam* is the Hofstra version of the "head-to-toe" physical exam. It is what students begin learning in their very first days of medical school and it is part of what they are assessed on at our standardized patient lab called CLI (Center for Learning and Innovation). ICE provides students with a golden opportunity to practice this exam on patients. **Ideally, students should practice the entire Core exam or portions of it during every ICE visit.** 

The Core exam applies most directly to Medicine ICE though it is expected that students examine patients in all settings using this format. Lastly, as you will see below, we have integrated ultrasound into the Hofstra Core Exam.

HOFSTRA	CORE PHYSICAL EXAM
Come prepared	It is expected that the student wear professional attire and white coat and bring tuning fork, penlight, reflex hammer, and stethoscope to all patient encounters.
Introduce self	It is expected that the examiner should identify him/herself by: 1. Name 2. Level of training 3. The provider he/she is working with 4. What he/she will be doing
Identify patient using 2- patient identifiers	It is expected that the student should identify patient using name <b>and</b> DOB
Communicate with your patient	It is expected that an examiner communicates with the patient throughout the exam without using jargon. Be mindful to use a trauma-informed approach and to use language that is empowering to your patient and enhances the physician- patient partnership
Wash hands	It is expected that the student washes his/her hands before shaking the hands of the SP <b>and</b> a second time prior to physical examination <b>as applicable</b> .
Examine patients from the right side and be mindful of flow	It is expected that the examiner will examine the patient on the patient's right side where possible and be mindful of the flow as to minimize the patient moving up and down many times
Wash hands	It is expected that the student washes his/her hands with soap and water, being mindful to wash all surfaces, for at least 20 seconds before drying and shaking the hands of the SP <b>and</b> a second time prior to physical examination <b>as applicable</b> . **Please note that noils must be clean and not long to perform the physical exam.
V	ITAL SIGNS AND GENERAL APPEARANCE
Physician and patient position the floor	ing: Patient should be seated in the chair with back supported and feet flat on

Measure blood pressure	<ul> <li>Arm at heart level and should be supported</li> <li>Back should be supported</li> <li>Arm should be bare or the patient should be wearing no more than a thin sleeve</li> <li>Legs should be uncrossed AND feet flat on ground</li> <li>Room should be quiet during measurement</li> <li>Appropriately sized cuff should be used</li> </ul> The student should begin by palpating the radial pulse while inflating the cuff until the pulse disappears to approximate the systolic blood pressure, and should then inflate the cuff to 30 mm Hg above this value while auscultating at least 1 cm above the antecubital fossa					
Measure heart rate	<ul> <li>Measure a timed radial pulse for at least 10 seconds</li> <li>Avoid using thumb</li> </ul>					
Measure respiratory rate	<ul> <li>Measure the respiratory rate</li> <li>Can be done while still palpating the radial pulse</li> <li>Try to not make patient aware until after measured as they may alter their breathing</li> </ul>					
Measure temperature	<ul> <li>Measure the oral temperature</li> <li>Appreciate other methods (rectal, temporal, axillary, tympanic) to get this vital sign</li> </ul>					
Inspect hands	Carefully assess hands including nail beds and palms for: temperature differences Capillary refill Cyanosis Clubbing Arthritic changes Rashes Callouses Nail deformities or stains					
Ultrasound vital signs exam	It is expected that the student demonstrates the common carotid artery and internal jugular vein on ultrasound					
HEAD AND NECK EXAM, INCLUDING CRANIAL NERVES						
Physician and patient position	Physician and patient positioning: Patient should be asked to sit on the exam table.					
Inspect head and neck	<ul> <li>Inspect head and neck (dermatologicskin and hair as well as structures of the head)</li> </ul>					
CN II Assess visual fields	<ul> <li>Assess visual fields by confrontation</li> <li>Keep fingers equidistant between the patient and the examiner.</li> </ul>					
CN II & III Assess pupillary response	<ul> <li>Assess the pupillary response, including both direct and consensual response to light.</li> </ul>					

CN III, IV & VI Assess extraocular motion	• Assess extraocular motion by having the patient follow his/her finger in all directions of gaze.
CN V Assess facial sensation	<ul> <li>Assess CN V sensation at three levels of the face bilaterally using light touch</li> </ul>
CN V Assess motor function	<ul> <li>Assess CN V motor function by palpating both sides of the patient's face while having the patient clench his/her jaw</li> </ul>
CN VII Assess facial movement	• Assess the muscles of facial movement, including the top half and bottom half of face, using the following prompts: 1) Close eyes tight ("Try to keep your eyes shut while I try to open your eye lids") 2) Smile/show teeth
CN VIII Assess hearing	<ul> <li>Assess gross hearing using a finger rub near each ear</li> <li>Followed this with a simultaneous finger rub to compare hearing in both ears</li> </ul>
CN IX, X, and XII Assess oral cavity and palatal elevation and tongue movement	<ul> <li>Assess function by asking patient to open his/her mouth, say "ahh" and stick out his/her tongue.</li> <li>Inspect oral cavity for symmetry of the tongue, pharynx, sublingual area, gingiva and dentition.</li> <li>Use tongue depressor and penlight while inspecting</li> </ul>
CN XI	• Assess by asking patient shrug shoulder OR turn neck against resistance.
Examine nose using otoscope	Inspect inside nostrils for discharge, color, deviation, and polyps
Examine ear using otoscope	<ul><li>Inspect the pinna and external canal</li><li>Visualize tympanic membrane</li></ul>
Inspect the conjunctiva and sclera	<ul> <li>Depress both lower lids gently, to expose and inspect both the sclera and conjunctiva for pallor, icterus, injection, discharge or other abnormalities</li> </ul>
CN II Performed fundoscopic exam with ophthalmoscope	<ul> <li>Darken the room</li> <li>Approached patient at eye level</li> <li>Inspected right eye on right side and left eye on left side</li> </ul>
	NECK EXAM
Inspect neck	Inspect neck for masses, symmetry
Assess ROM of cervical spine	• Perform active range of motion of cervical spine in flexion, extension, rotation, and lateral bending.
Palpate cervical spine and paraspinal muscles	Palpate the cervical and thoracolumbar spine and paraspinal muscles for tenderness

Palpated lymph nodes	<ul> <li>Palpated lymph nodes methodically, including: posterior-auricular, pre- auricular, anterior cervical, posterior cervical, sub-occipital, sub-mental, submandibular, supraclavicular regions and infraclavicular.</li> </ul>		
Physician and Patient Positioning: Patient pivots 90 degrees; student moves behind patient when palpating thyroid. Begin pulmonary exam posteriorly.			
Thyroid gland	<ul> <li>Inspection anteriorly and/or laterally and as patient swallows</li> <li>Palpate both lobes from anterior or posterior approach and while asking patient to swallow.</li> </ul>		
Ultrasound HEENT exam	It is expected that the student demonstrates the thyroid gland on ultrasound		
	CHEST EXAM		
Expose chest	Ask patient or ask for permission to untie gown to expose chest		
Inspect chest	Begin the examination of the chest with inspection		
Assess respiratory excursion	<ul> <li>Assess by placing hands properly on posterior chest and measured with full inspiratory and expiratory effort</li> </ul>		
Assess tactile fremitus	<ul> <li>Ask the patient to say "99" and compare sensation side to side in ladder like configuration</li> <li>Do this in at least 3 different levels AND mid-axillary line</li> </ul>		
Percuss lung fields	<ul> <li>Percuss all lung field in at least 3levels AND mid-axillary lines</li> <li>Compare sounds from left versus right side</li> </ul>		
Auscultate for breath sounds posteriorly	<ul> <li>Ask patient to take full breaths with mouth open</li> <li>Auscultate lung fields in at least 3 levels AND mid axillary lines</li> <li>Compare sounds from left versus right side</li> </ul>		
Ultrasound chest exam	It is expected that the student demonstrates diaphragmatic excursion on ultrasound		
Physician and Patient Positioning: Patient continues to sit upright; examiner moves to the front of the patient.			
Auscultate for breath sounds anteriorly	<ul> <li>Ask patient to take full breaths with mouth open</li> <li>Auscultate lung fields in at least 3 levels AND mid axillary lines</li> <li>Compare sounds from left versus right side</li> </ul>		

CARDIOVASCULAR EXAM		
Physician and patient positioning: Patient leans forward		
Auscultate aortic and pulmonic areas	Auscultate in aortic and pulmonary areas at end of expiration.	
Physician and Patient Positioning: Patient should now be instructed to recline to 30 degrees from horizontal or the level that allows the apex of venous pulsations to be visualized; student stands at right side of patient. It may be appropriate to readjust the position of the head of the bed after JVP has been measured and venous pulsations observed. You may want to pull out the foot rest for patient comfort.		
Inspect neck for jugular venous pulsations	<ul> <li>Inspecting the patient's venous pulses on the right side of his/her neck</li> <li>Identifying the apex of venous pulsations</li> </ul>	
Auscultate carotid arteries	Auscultate the carotid arteries bilaterally	
Inspect and Palpate the precordium	<ul> <li>Inspect observations of the precordium</li> <li>Palpate the precordium and attempt to identify the point of maximal impulse (PMI), heaves and/or presence of thrills</li> </ul>	
Time cardiac cycle	<ul> <li>Simultaneously auscultate for S1 and palpate carotid pulse using diaphragm of stethoscope and auscultating at apex.</li> </ul>	
Auscultate heart sounds	<ul> <li>Auscultate the heart in at least 6 different locations, pausing to appreciate the individual heart sounds: S1, S2 This may take several minutes to perform properly</li> </ul>	
Re-tie gown	Following the cardiac exam, the student offer to assist the patient in re-tying his or her gown.	
Ultrasound cardiac exam	It is expected that the student demonstrates apical four chamber view on ultrasound	
Physician and Patient Positioning: The table should now be lowered to horizontal and patient placed in left lateral decubitus position.		
Auscultate heart sounds and feel for PMI if not appreciated previously	<ul> <li>Student auscultate the chest wall in left lateral decubitus using the bell</li> <li>If the PMI was not appreciated previously, it may be felt in left lateral decubitus position</li> </ul>	

Physician and Patient Positioning: Patient should now be placed fully recumbent position on back. May ask patient to bend needs for comfort when examining abdomen.

ABDOMINAL EXAM				
	ABDOIVIINAL EXAIVI			
Drape abdomen	<ul> <li>Ask for patient's permission and offer/drape the patient before inspecting the abdomen</li> </ul>			
Inspect abdomen	<ul> <li>Begin with inspection (observing for contour, distention, venous pattern, masses, and scars)</li> </ul>			
Auscultate bowel sounds and bruits	<ul> <li>Auscultate the abdomen in the midline superior to the umbilicus for bowel sounds and an aortic bruit</li> <li>Auscultate laterally over both renal arteries</li> </ul>			
Percuss liver span and spleen	<ul> <li>Percuss the liver, measuring span in mid-clavicular line above and below liver</li> <li>Percuss for the spleen in Traube's space to assess for splenomegaly</li> </ul>			
Palpate abdomen	• Palpate using both light and deep touch in all four (4) quadrants.			
Palpate the liver	• Palpate the liver along right costal margin in inspiration and expiration			
Palpate the spleen	<ul> <li>Palpate the spleen along left lower costal margin bimanually while patient in right lateral decubitus position</li> </ul>			
Assess ROM of hip and knee joints (*this is not part of the abdominal exam it is part of the MSK exam)	<ul> <li>Assess active range of motion in flexion, extension, and internal and external rotation as appropriate and mindful of modesty</li> </ul>			
Ultrasound abdominal exam	It is expected that the student demonstrates the liver and spleen tip on ultrasound			
Physician and patient positioni	ng: Patient returns to seated position			
Lower extremity exam				
Inspect lower extremities	Begin the exam of the lower extremities with inspection			
Palpate pulses	• Palpate the posterior tibial and dorsalis pedis pulses bilaterally, comparing side to side			
Palpate for edema	Systematically palpate each foot and ankle for any evidence of swelling			

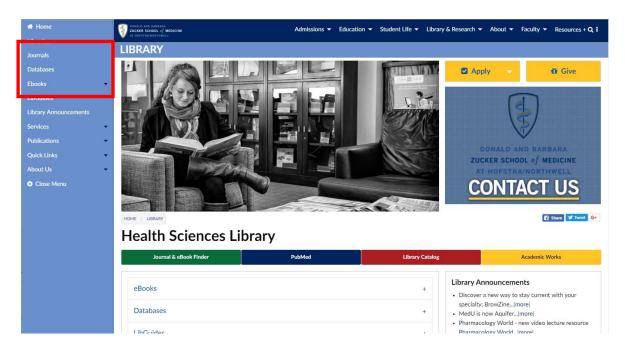
MUSCULOSKELETAL AND NEUROLOGICAL EXAM		
Assess Sensation in upper body and lower body	Use light touch on upper and lower extremities bilaterally	
Assess motor strength in upper body	<ul> <li>Ask patient to flex and extend upper arm, forearm, wrist, and fingers in each upper extremity while resisting patient movement to assess strength.</li> </ul>	
Assess motor strength in lower body	<ul> <li>Ask patient to flex AND extend the hip, knee, and ankle in each lower extremity individually while resisting patient movement to assess strength.</li> </ul>	
Assess reflexes in upper body	<ul> <li>Assess the following UE reflexes bilaterally: biceps, triceps and brachioradialis.</li> <li>Ask the patient to completely relax when eliciting reflexes</li> </ul>	
Assess reflexes in lower body	<ul> <li>Assess the following lower extremity reflexes: patellar and Achilles.</li> <li>Distraction may help with the patellar reflexes</li> <li>Ask the patient to completely relax when eliciting reflexes</li> </ul>	
Assess coordination	<ul> <li>Perform at least one of the following: finger-to-nose, heel-knee-shin, tapping finger or alternating hand to assess coordination</li> </ul>	
Assess proprioception	<ul> <li>Assess proprioception via position sense by moving the 1st MTP up and down while holding the toe on either side</li> </ul>	
Ultrasound MSK exam	It is expected that the student demonstrates quadriceps tendon and the suprapatellar recess on ultrasound.	
Physician and Patient Positioning: Patient should be asked to stand.		
Assess alignment and ROM of thoracolumbar spine	<ul> <li>Assess alignment by palpation of the thoracolumbar vertebrae</li> <li>Assess range of motion through active flexion, extension, rotation, and lateral bending</li> </ul>	
Examine gait	Assess gait/coordination by having the patient: • walk normally • on his/her toes • on his/her heels • tandem	

ſ

## **UTILIZING LIBRARY RESOURCES:**

Direct your web browser (Internet Explorer 8 or 9 is supported using Windows 7. Only version 8 is supported using Windows XP.) to the School of Medicine Health Sciences Library Homepage at: <u>http://medicine.hofstra.edu/library/</u>

The navigation bar in the middle will be your entry point for electronic journals, textbooks, databases and online software programs.



The 'Journals, Databases, and Books' Menu should give you access to most of the resources that you need.

## **Username and Password**

When accessing any of the databases you will be redirected to the Hofstra Portal. To access the portal, you will need: 1) your Novell Account ID (a 6-letter alpha code) and 2) your default password or the password you have changed it to. These were provided to you when you received your faculty appointment. You will receive your network ID after your CV has been submitted to Michael Parrish (Program Manager) and approved for appointment to the faculty.

In the event that you have forgotten or misplaced your password, you can use the Hofstra selfservice password reset website located at: <u>http://www.hofstra.edu/About/IT/it\_resetpassword.html</u>

Under the Employee box, select "reset your network password". From here you will be prompted to enter your Network ID (username), Hofstra ID (located on the bottom of your ID

card), the last four digits of your Social Security number and your birth date. Click verify and your password will be reset. From here, if you wish to change your password; log into the portal and click on the "My Account" icon at the top.

If you ever have a problem or need help navigating the self-service password reset tool or the Hofstra Portal, you can call the Hofstra Help Desk at (516) 463-7777 and they will walk you through the process.

## **Accessing Journals**

Select the Journals tab and you will be redirected to the Hofstra Portal. Using your Novell ID and password, log in. You will then be redirected to a 'Journal Finder' page that allows you to search for the journal you are looking for. This direct link to the 'Journal Finder' page is: <u>https://my.hofstra.edu/Home/Library/journalFinder\_db.jsp</u>

## Accessing E-Books

Select the E-Books tab and you will be redirected to the Hofstra Portal. Using your Novell ID and password, log in. You will then be redirected to a list of E-Books, sorted by topics. The library subscribes to over 1,000 basic science and clinical textbooks. The direct link to the list of textbooks is: <u>http://medicine.hofstra.edu/library/library\_ebooks.html</u>

## Accessing Databases

The School of Medicine subscribes to a number of E-databases or multi-type resources that aggregate eBooks and supplemental curriculum materials. Images can be searched across all the books in AccessMedicine, LWWHealthLibrary, and MDConsult. Other subscribed resources include: DynaMed, JAMAEvidence, Micromedex, Natural Standard, StatRef, VisualDX, Web of Knowledge, and UptoDate. Other freely available resources are PubMed, MedlinePlus, EMedicine, ERIC, and Health Reference Center Academic. To access these resources, select the Databases tab and you will be redirected to the Hofstra Portal. Most are also available from the QuickLinks tab. Using your Novell ID and password, log in. You will then be redirected to a list of databases. The direct link to the list of databases is:

http://medicine.hofstra.edu/library/library\_edatabases.html

The library staff also created an ICE LibGuide with links to resources that support the ICE curriculum. You can find it under the Subject Guides tab. If you need any assistance accessing School of Medicine Health Science Library Resources, please email <u>medicine.library@hofstra.edu</u>. If you need access to books or articles not available from the library website, please order them via the Request Forms on the Services tab of the website.

## Faculty Development

Our website also features a section dedicated to faculty development, which can be found here under the clinical tab: <u>http://medicine.hofstra.edu/faculty/facdev/</u>

## **APPENDIX H: FACULTY DISCOUNTS**



## **FACULTY DISCOUNTS**

**Computer Discounts**— Hofstra University has negotiated special offers for educational discounts to make your computer purchases quick, easy and affordable. If you need a copy of your letter of appointment, the Office of Faculty Affairs will be happy to provide one! Please email Kara.Franza@hofstra.edu to request it.



**Employee Phone Discounts**—The Hofstra University Telecommunications team is pleased to be able to offer the university discount to faculty members for personal mobile services.

**Barnes & Noble Campus Bookstore** – Faculty members receive a 10% discount on merchandise (excludes text books) when presenting their Hofstra ID at checkout. Not valid online.



Hofstra Fitness Center – Access to the fitness center, including group exercise classes are free to faculty members showing a valid HofstraCard upon entry. You can also gain access to the Swim Center.

Hofstra Theatre Performances – Faculty members receive two free tickets with valid HofstraCard to many performances at the Hofstra theatres. Contact the Box Office for more details 516-463-6644.





**Phum Benefits**— Offers discounted ticket prices on movies, theme parks and Broadway shows. Create an account using code PLUM30087 to start saving!

**1-800-FLOWERS.com** – Faculty members can received a 15% discounts on their orders when using the code Hofstra at checkout.



Questions? Please email Kara.Franza@hofstra.edu.

## **APPENDIX I: EDUCATIONAL CONFLICTS OF INTEREST AND RECUSAL**

The Zucker School of Medicine is committed to ensuring that students are taught, assessed, and advised by faculty members, fellows, residents, other allied health profession, or committee members whose primary interest is the student's educational development. This policy sets forth the process for avoiding potential conflicts of interest by ensuring that any faculty member, fellow, resident, or committee member with a possible conflict of interest recuses him/herself from participation in any actions related to the transaction or matter where a conflict may exist.

### Providers of Healthcare and Assessment:

If a faculty member, fellow, resident, or other allied health professional is assigned to a role in which s/he will assess a student with whom s/he has previously provided health care services including psychological counseling, the faculty member, fellow, or resident must recuse him/herself by advising (without breaching confidentiality) the course/clerkship ("course") director or the Office of Curriculum Support and the student will be re-assigned.

In event that a faculty member, fellow, resident, or other allied health professional has not already recused him/herself from assessment duties and a student is assigned to an educational environment in which the faculty member, fellow, or resident assigned to assess the student has previously provided health care services to the student, the student must advise (without breaching confidentiality) the course director or the Office of Curriculum Support and the student will be re-assigned.

### Student Advancement Committee & Student Professionalism Committee Members:

A member of the Student Advancement Committee (SAC) or Student Professionalism Committee (SPC) must recuse him/herself from the presentation, deliberation, and vote about a student with whom s/he has a conflict of interest by notifying the committee chair. Conflicts of interest include but are not limited to the following:

- 1. Member is the director of a course, clerkship, or curricular thread that prompted a referral to the committee;
- 2. Member has or has had a family relationship with the student, such as that of a current or former significant other, partner, spouse, child, sibling, or parent;
- 3. Member has or has had a social relationship with the student;
- 4. Member has a private financial interest in the outcome of the decision;
- 5. Member has provided health services to the student;
- 6. Member is aware of any prejudice, pro or con, that would impair his/her judgement of the decision;
- 7. Member has participated or intends to participate in deliberations about the student's circumstances at another level of review;
- 8. Member believes his/her recusal is necessary to preserve the integrity of the review process.

Prior to his/her presentation at the Student Advancement Committee, the student will be provided with a list of committee members. If the student identifies a conflict of interest with any member of the committee, that committee member must recuse him/herself from the presentation, deliberation, and vote about the student.

In most cases, students presented to the Student Professionalism Committee are done so in a de-identified manner. If ever a student's identity were going to be revealed to the SPC members, the student would have an opportunity to identify conflicts of interest by reviewing a

list of committee members, prior to the committee meeting. If the student identifies a conflict of interest with any member, that committee member must recuse him/herself from the presentation, deliberation, and vote about the student.

### Admissions Committee Members:

If a member of the Admissions Committee has or has had a family relationship, such as that of a current or former significant other, partner, spouse, child, sibling, or parent with anyone in the current AMCAS application pool, that committee member must recuse him/herself from participation on the Admissions Committee for the entirety of that academic year.

Other conflicts of interest for Admissions Committee members may be resolved by reassigning the applicant to a different screener, interviewer and/or voting committee meeting. Other conflicts of interest for Admissions Committee members include but are not limited to the following:

- 1. Member has or has had a family relationship other than that of a current or former significant other, partner, spouse, child, sibling, or parent with the applicant;
- 2. Member has or has had a social relationship with the applicant or applicant's family;
- 3. Member has a private financial interest in the outcome of the decision;
- 4. Member has provided health services to the applicant;
- 5. Member is aware of any prejudice, pro or con, that would impair his/her judgement of the decision;
- 6. Member believes his/her recusal is necessary to preserve the integrity of the review process.

A Screening Committee member must recuse him/herself from screening the application of an individual with whom there is a conflict of interest. An Interview Committee member must recuse him/herself from interviewing an individual with whom there is a conflict of interest. If a conflict of interest is only identified at the outset of the interview, the Interview Committee member must indicate the presence of a conflict on the interview scoring sheet and that interview scenario can be excluded from the student's overall interview score. A Voting Committee member must recuse him/herself from both discussions of, and voting on a candidate with whom he/she has a conflict of interest.

### Providers of Confidential Advice:

Faculty and staff members in the Office of Student Affairs who provide students with confidential advice regarding student's personal matters, especially ones of a sensitive nature, should not assess students or make decisions about a student's advancement, graduation, or dismissal. To alleviate this concern, students may request an alternate MSPE writer.

## Violations:

Violations will be addressed on a case-by-case basis. Students and educators who violate this policy may be subject to disciplinary action.

## **References to Regulations and/or Other Related Policies**

Faculty Bylaws LCME Element 9.9: Student Advancement and Appeal Process LCME Element 10.2: Final Authority of Admission Committee LCME Element 12.5: Non-Involvement of Providers of Student Health Services in Student Assessment Procedure for Requesting a Different MSPE Writer

## Last Updated: August 2018