



DONALD AND BARBARA
ZUCKER SCHOOL of MEDICINE
AT HOFSTRA/NORTHWELL®

Financial Aid Pulse

Office of Student Finance Newsletter

- March 2026 -



News & Updates

We hope you are enjoying the spring semester!

The 2026-27 FAFSA is Available

The **2026-27 FAFSA** is available at fafsa.gov. A FAFSA is required to be completed each year in order to receive federal student loans.

Continuing students who plan to borrow federal student loans are strongly encouraged to **submit the FAFSA by March 15th**.



Schedule your Exit Counseling Session

MS4 loan borrowers - please email medicine.finaid@hofstra.edu to schedule your **mandatory** Exit Counseling session! Sessions will begin on March 30th and *must* be completed prior to graduation.

Financial Aid Notifications

Students with a completed financial aid application will receive an email when their financial aid package for the upcoming year is ready. Notifications will be sent to *Hofstra Pride* email accounts beginning in spring 2026.



Please keep an eye out for ongoing updates, resources, and external scholarship opportunities from our office.

For any questions or concerns, contact us at medicine.finaid@hofstra.edu.

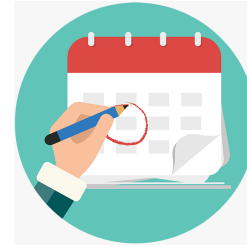
To stay informed about the latest news and updates in financial aid, visit the **News and Updates** section on our [website](#).

Important Dates to Remember

3/20: Match Day! - **MS4 Students**

3/25: Exit Day - **MS4 Students**

3/30: Individual Financial Aid Exit Counseling sessions begin for the **Class of 2026**



4/26: Spring term ends - **MS4 Students**

5/1: Last day to return federal loan funds disbursed 1/1 - **All MS Students**

5/8: Spring term ends - **MS3 Students**

5/11: Commencement Ceremony! - **Class of 2026**

5/22: Spring term ends - **MS2 Students**

6/5: Spring term ends - **MS1 Students**

Financial Tips & Info

Make Cents of it: Personal Finance Tips



March Cybersecurity Awareness: Protect your Identity during Tax Season

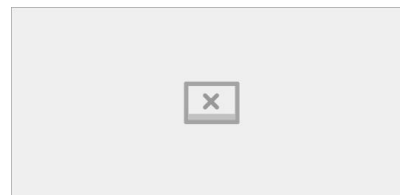
Identity theft during tax season is a significant risk, with increased scams targeting personal information to file fraudulent tax returns.

Ways to be proactive and protect yourself:

- Check credit reports regularly
- Monitor financial accounts
- Shred sensitive documents before discarding
- Use strong passwords and multi-factor authentication (MFA)
- Secure your social security number
- Never reply to suspicious emails, phone calls, or text messages requesting personal information

[Read more](#) to learn what identity theft is and how to protect yourself against it.

***AAMC:** FIRST Videos & Webinars*



Federal Student Loans and Repayment Plans:

Key Updates Amid Ongoing Policy Changes

This webinar covers recent federal financial aid changes and how they affect medical students and residents, including updates to loan programs, borrowing limits, and repayment options.

Click [here](#) for more AAMC FIRST webinars and videos about financial topics important to current medical students and residents.

FAQs

I didn't accept my entire loan offer and I need to borrow additional funds, what should I do?



Students who did not accept their full loan offer and wish to borrow additional funds may request a loan increase.

Federal student loan adjustments may be made until the last day of the academic year. It is *strongly recommended* that requests be submitted at least one week prior to the end of the term to ensure adequate processing time by our office.

Requests can be submitted by emailing a [Loan Adjustment Request](#) form to medicine.finaid@hofstra.edu from your *Pride email*.

Can I cancel all or a portion of my federal loans?

You have a right to cancel all or a portion of a federal loan disbursement within **120 days** of the date Hofstra University disbursed your loan funds. If you choose to cancel, the money you received will have to be returned, but no interest or fees will be charged.

To request a loan cancellation or return, submit a [Loan Adjustment Request](#) form to medicine.finaid@hofstra.edu.



How do I complete my 2026-27 FAFSA?

The **2026–2027 FAFSA** is now available, and students are encouraged to apply as early as possible. To complete it, go to studentaid.gov and log

in using your FSA ID.

Be sure to use your **2024 tax information** and enter **Hofstra University's school code: 002732**. You can log in to the [Hofstra Portal](#) under **Financial Aid Services** to verify that your FAFSA was received.

For FAFSA help, visit [FAFSA® Help](#) | [Federal Student Aid](#).

Outside Scholarship & Loan Repayment Opportunities



CHINESE AMERICAN MEDICAL SOCIETY
美洲中華醫學會

2026 Chinese American Medical Society Scholarship Program

Application Deadline:
Tuesday, March 31, 2026

Scholarship is open to all **first, second, and third-year medical**



Wellsford and Mildred Clark Medical Memorial Scholarship

Application Deadline:
Thursday, April 30th, 2026

school students.

Scholarship overview:

- Financial Support Awards that start at \$2,000
- High-Merit Impact Awards that start at \$5,000
- Award Notification Date: June 2026

Certain awards may give additional consideration to:

- New York Residents
- Demonstrated financial need
- Overall academic and leadership excellence

Please visit [CAMS Scholarship Application](#) for more information and instructions on how to apply.

For inquiries or application submissions, please contact Karen Ng via admin@camsociety.org or scholarship@camsociety.org.

Scholarship is open to **third-year medical school students** entering their fourth year of medical school.

Scholarship requirements:

- Applicants must be residents of Connecticut for 5 years
- Currently enrolled in a not-for-profit medical school accredited by the AMA and/or the World Health Organization.

Please visit the [Waterbury Medical Association](#) website for more information and apply online.

National Medical Fellowships Scholarships

The National Medical Fellowships (NMF) offers many scholarships throughout the year that our students may qualify for.



Please visit the [National Medical Fellowships](#) website for additional information on scholarships offered, eligibility requirements, and application deadlines.

Students are encouraged to explore external (outside) scholarship opportunities.

These opportunities often require a separate application and are not administered by the Office of Student Finance or Hofstra University. It is important to note that in addition to independent application processes, deadlines also vary.

For more information and additional resources, visit the [scholarship section](#) of our website.

Upcoming Webinars & Events



Critical Concepts to Understand Before Residency

Tuesday, March 3rd, 2026 - 5:30PM ET

This webinar, a part of a financial literacy series for medical students presented by Student Loan Professor, will focus on savings priorities and programs, insurance, and the financial advisory industry.

Students who register and attend will be entered to win a \$50 Amazon gift card!

Register for this Webinar



Filing Taxes for Medical Students & Residents

Tuesday, March 10th, 2026 - 2:00PM ET

During this webinar, Martin Penn, Einstein COM, discusses filing taxes, when to file and the documents or information that are needed, as well as provides key dates/deadlines. He also touches on implications filing taxes have on retirement and student loans.

Register for this Webinar

Choosing Insurance as a Medical Student or Resident

Wednesday, April 15th, 2026 - 2:00PM ET

During this webinar you will hear questions answered and learn about the types of insurances, tools, tactics, and resources that help you prepare to obtain the proper insurance coverage throughout your medical career. Join Ms. Deanna Filosa, Physician Planning Group, for this informative and interactive webinar!

Register for this Webinar

Office of Student Finance | Tel: 516-463-7523 | Fax: 516-463-7572
medicine.finaid@hofstra.edu

Donald and Barbara Zucker School of Medicine | 500 Hofstra University | Hempstead, NY 11549
US

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